

# **2011 Youth Survey Report Wilton, Connecticut**

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## **ACKNOWLEDGEMENTS**

This youth survey was sponsored by the Wilton Task Force to Reduce Underage Drinking, and Positive Directions – The Center for Prevention & Recovery. It was administered in November, 2011, with the active participation of Wilton Public Schools, to a total of 885 randomly selected students in Middlebrook School and Wilton High School, approximately one-third of enrolled students. Although the survey is administered in the schools for logistical reasons, results are reflective of the entire community, not primarily the schools.

The 2011 Wilton survey was derived from the Connecticut Governor's Prevention Initiative for Youth (GPIY) survey, which was originally given by the Connecticut Department of Mental Health and Addiction Services (DMHAS) and UConn Health Center. The 2011 survey marked the fifth time the GPIY survey was administered in Wilton. It was given in 1998 [1], 2000 [2], and 2002 [3] in paper format, and in 2007 [4] and 2011 on-line using SurveyMonkey.com®.

Positive Directions is a non-profit agency which has provided treatment, counseling and education programs to individuals and families in Fairfield County, Connecticut, since 1973. Quantitative Services has been a resource for statistical consulting and analysis for Connecticut public health agencies and prevention coalitions since 2002, and has provided internet access to the GPIY survey since 2006. The original language of GPIY survey items has been retained – to enable longitudinal analysis – while the structure and content of the survey has been modified to enable on-line administration and to reflect changing issues related to substance use.

The author is sincerely grateful for the cooperation of the superintendent, principals and teachers of the Wilton Public Schools, who approved this survey – after minor modifications – and supervised the administration of it. Special thanks go to the youths who shared their personal experiences and opinions. The format and organization of this report are similar to that used for the 2007 survey report [5].

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## SUMMARY

The Connecticut Governor's Prevention Initiative for Youth (GPIY) survey has been given five times in Wilton between 1998 and 2011. Representative, random samples of one-third to one-half of youth in middle and high school, grades 7-10 or 7-12 were given the survey on-line in 2007 and 2011, and in paper format in 1998, 2000, and 2002. Trends within Wilton, and comparison of Wilton youth with national statistics and with demographically similar Connecticut towns, are examined.

Use of alcohol, cigarettes, and marijuana by Wilton youth has steadily decreased over the 13 years since 1998. The customary measure of "recent" use is whether a youth has used a substance at all in the 30 days prior to the survey. By this measure, alcohol use has decreased among Wilton middle school youth from 17-20% in 1998-2000 to 11% in 2002, 7% in 2007, and 4% in 2011. The decrease in grades 9-10 has been from 49% in 1998 to 26% in 2011, and in grades 11-12 from 66% to 47%. Nevertheless, alcohol use by Wilton 12<sup>th</sup> graders is still slightly more than in similar towns in Connecticut, and more than national statistics. The use of marijuana, which has been on the rise nationally for several years, is lower in Wilton than nationally or in other Connecticut towns.

National authorities have defined "core measures" as 30-day use of alcohol, cigarettes and marijuana; perceived risk of harm from regular use; and perceived disapproval by parents. Until recently, age of onset was also considered core, but has been replaced by prevalence of excessive ("binge") drinking. The linkage between decreased use and increased perception of harmfulness of each substance is clear. In Wilton, perception of both personal harm and parental disapproval of use of alcohol and marijuana increased among youth of all ages, 2007 to 2011, consistent with decreased use. Tobacco remains near the top of the list of substances regarded as harmful. Abuse of prescription medicines such as opiate pain meds or stimulants has received much national attention. Lifetime use of any prescription meds without one's own prescription has reached 8-18% in Wilton, and bears watching in future.

Youth who use alcohol or marijuana are more likely to use other substances. In Wilton, only 12 of 642 (1.9%) who reported not using alcohol in the previous 30 days reported 30-day use of marijuana, compared with 51 of 212 (24%) of recent drinkers – i.e., an alcohol user was 13 times more likely to also use marijuana. Other linkages were also strong, as between marijuana and other illicit drugs. Of lifetime non-users of marijuana, 13 of 722 (1.8%) had ever used another illicit drug, compared to 35 of 126 (28%) marijuana users.

According to the "social norm" concept, those who believe that most of their peers engage in an activity- whether or not that is true – are more inclined to engage in it themselves. Wilton youth were asked to estimate how many of their classmates use cigarettes, alcohol, and marijuana, and data were analyzed by whether the youth reported using him/herself. Non-users were reasonably accurate in their guesses, but users estimated that about twice as many of their peers use than actually do, as reported by the youth themselves.

Youth who reported 30-day use of alcohol differed in several ways from non-users. The statistical procedure employed isolates the effect of drinking from the effect of age. Users of alcohol were less likely than non-users to talk over problems with parents or teachers, and expressed more leniency toward some "antisocial" behavior – such as assault, cheating on tests, and gambling activities. Alcohol users reported spending more time on social activities such as hanging out with friends or talking on the telephone, and more time after school without adults present. Alcohol users had a more negative self-concept, in answering such questions as "I feel sad most of the time."

## METHODS

This youth survey was administered to public school students in Wilton, Connecticut, in grades 7-12 during November 9-16, 2011. The survey is an on-line version of the Connecticut Governor's Prevention Initiative for Youth (GPIY) Youth Survey for 6<sup>th</sup>-12<sup>th</sup> Grade. The GPIY survey was first given in Wilton using on-line services of SurveyMonkey.com in 2007. The same survey was given previously in Wilton in paper format in 1998, 2000, and 2002.

The on-line survey uses "skip-logic" to avoid asking non-users questions such as source and frequency of use of a substance. It also randomizes presentation for twelve questions which ask for ratings of multiple sub-queries, such as self-concept or time spent on various activities – to avoid "list-fatigue bias". The basic survey has been modified over the past several years to include newly available substances, bullying, gambling, and social norms. A few additional minor changes were made in the Wilton survey at coalition request. Questions are taken *verbatim* from the GPIY survey, which were in turn taken from national surveys, including the Youth Risk Behavior Surveillance System (YRBSS) [8], Monitoring The Future (MTF) [9], the forty "Developmental Assets®" identified by Search Institute [10], and the Connecticut School Health Survey [11]. Thus, there is compatibility of data among all the surveys, as well as validity of responses through the consistent use of research-based questions.

The survey was administered by computer on-line to grades 7-12, under the supervision of Wilton Public School and Positive Directions. School subjects which are required of all students were identified, and randomly chosen classes of those subjects were given the opportunity to take the survey. The survey was administered in computer labs, using the SurveyMonkey.com® web site and software. Prior to administering the survey, parents were given the opportunity to excuse their child from participating, by contacting their principal or returning a signed form. Youth were also able to decline the survey on their own by simply logging off the computer, and a few did so and are not included in tabulations.

Guidelines for administering the survey were developed by the University of Connecticut Health Center [5]. Instructions are summarized in the on-line introduction. During the survey, conversation among students was discouraged, and youth were reassured about the anonymity of the surveys and asked for their honest input. The number of minutes required by each respondent to complete the survey was determined by subtracting the start-time from the finish-time, both of which are recorded in the SurveyMonkey.com system. Times do not include such preliminary activities as bringing youth to the computer facility. The IP address of each response corresponded to Westport Public Schools, confirming that none of the surveys originated from outside the schools.

All statistical and tabulation computations were carried out using Statistica® version 10.0 (StatSoft, Tulsa, OK). Data checking and formatting operations were carried out in Microsoft Excel® 2010, and the final report was produced in Microsoft Word® 2010 and converted to a "portable document format" (pdf) file in Adobe Acrobat® version 8.1.2. All software is licensed to Quantitative Services.

About one-third of all students in each grade were included in the survey, so that sampling variance (calculated by standard methods [12]) for each grade is low, about  $\pm 4\%$ . In asking respondents how they describe their ethnic background, the current standard of the U.S. Census was followed, separating Hispanic ethnicity from racial identification. Statistical significances of differences between groups (e.g., recent drinkers vs. non-drinkers, Tables 61-68) were calculated

by 2-way analysis of variance (ANOVA), with 30-day alcohol use and grade as the two predictor variables. This procedure computes mean levels of each factor for alcohol users with non-users, and compares the two groups, using p-values which are independent of age. A p-value is the probability that the observed difference is due to chance alone; a low value (e.g.,  $p < 0.01$  or  $p < 0.001$ ) indicates a strong probability that the difference is due to a genuine relationship between the factor and alcohol consumption, not to age and not to random chance. For ease of interpretation, scores which are on 3 to 6 point Likert scales in the survey are converted to a 0-100 scale, inverted if necessary so that all are ascending in intensity of the factor.

Because of slight imbalance in numbers of respondents in different grades, weighting was employed for all analyses in which grade-levels were combined into multi-grade groups. Weights equalized the contributions of each grade, and were scaled so that the sum of weights equaled the number of respondents. Weights varied from 0.594 for grade 10 to 1.355 for grade 12.

For comparisons between Wilton and other Connecticut towns, data from GPIY or Search Institute youth surveys in six towns of similar demography (Demographic Reference Groups A, B, or C) were combined. Towns in the comparison group included Cheshire, Glastonbury, Madison, Lyme-Old Lyme, and Westport, comprising a total of 6,624 youth, surveyed during 2009-2011.

Respondents were asked to estimate the percentage of their classmates who regularly use alcohol, cigarettes, or marijuana. A series of six percent-intervals (“bins”) were provided in the survey. In order to compare respondents’ estimates of usage (“social norms”) with actual reported usage, medians were estimated by linear interpolation. The median is the usage level estimated by 50% of respondents.

$$M = X_2 - \frac{(Y_2 - 50) \times ((X_1 + X_2) / 2)}{(Y_2 - Y_1)}, \text{ where}$$

$M$  = Estimated median social norm usage

$X_1, X_2$  = Mid-intervals of survey choices corresponding to  $Y_1, Y_2$ , where  $X_2 > X_1$

$Y_1, Y_2$  = Cumulative % of respondents, where  $Y_2 \geq 50 \geq Y_1$

## RESULTS

### *Demography*

The young people surveyed in Wilton, Connecticut, were enrolled in Middlebrook School (grades 7-8) and Wilton High School (grades 9-12). The survey was administered November 9, 2011, in Middlebrook and November 15-16 in the high school, which is within a few days of exactly four years after the previous survey in 2007. The 2011 survey sample was approximately one-third of students in each grade, except about one-half of 10<sup>th</sup> graders. Private school students were not included in this survey. Median ages of youths were 11-16 in grades 7-12. Median times required to complete the survey were 18 to 21 minutes for all grades.

A total of 24 responses (2.7%) were excluded from this analysis because of either incomplete or inconsistent answers (Table 2). Nine respondents in effect declined to participate in the survey, by logging off before substantial information was given. Another 15 respondents answered certain questions in a manner inconsistent with quality control criteria for all GPIY surveys.

The survey sample contained slightly more boys than girls (51.5% boys, Table 3), and the racial mixture was similar to that of the district as a whole (Table 4). The “Other” racial category was mostly Hispanic youth. Youth were asked about their home situation, and 12.6% indicated not living in a two-parent home (Table 5). Youth were also asked about their asthma status (Table 6) – for correlation with smoking and personal characteristics – and 11% said they are diagnosed asthmatics. Sleep habits were included in the survey for the first time, and substantial numbers of youth reported getting six or fewer hours of sleep on a typical school night. Answers to these questions may be valuable in designing or targeting prevention measures.

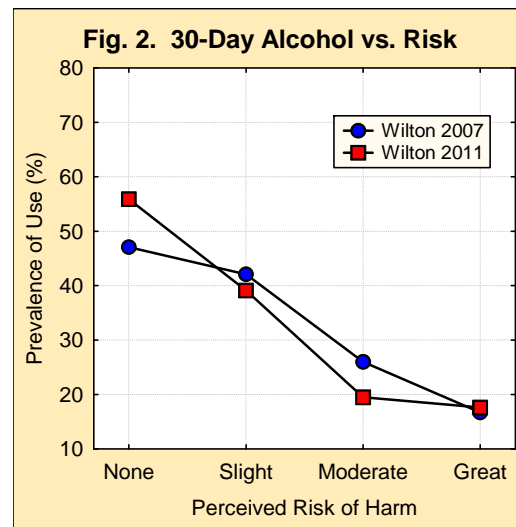
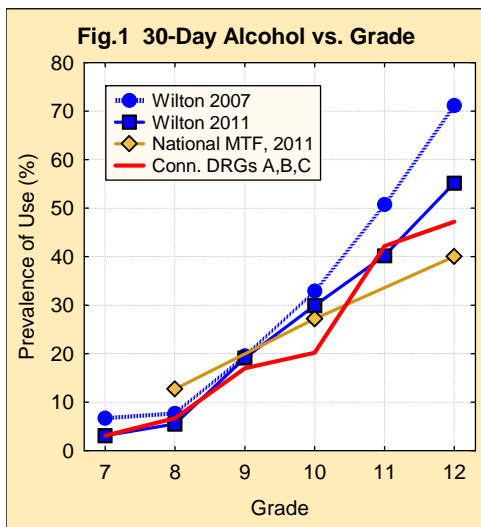
### *Alcohol Use.*

Among the substances proscribed for youth, alcohol is the most commonly used in Wilton, by both boys and girls (Table 8). Before grade 11, fewer than half reported drinking in the previous 30 days. By 12<sup>th</sup> grade, drinking was more prevalent in Wilton than nationally or in demographically comparable Connecticut towns (Figure 1, Table 51). Drinking has declined over the years since 1998, especially among middle school youth. Decreases in both lifetime and 30-day alcohol use seen between 2002 and 2007 in grades 9-10 were sustained in 2011 (Table 54). Decreased alcohol use in grades 11-12 were particularly apparent (Figure 1).

A youthful decision to use a substance – including but not limited to alcohol – is usually related to perception of low personal risk of harm from regular use, and to perception of less parental disapproval. The perception of risk from use of alcohol increased among all youth between 2007 and 2011 (Table 57), consistent with decreased use among older youth. Perception by youth that their parents disapprove of their drinking also increased (Table 58). The message about the dangers to the adolescent drinker posed by alcohol is apparently gaining traction among both youth and parents. The correlation between perception of risk and the decision to drink is clear, in both 2007 and 2011 (Figure 2).

Delaying the initiation of use of any substance is a worthwhile objective, because starting early is associated with more problems later in life. The age at which Wilton youth reported starting to drink alcohol has increased since 1998 (Table 56). The peak age for starting to use alcohol was 14, about one year earlier than starting to use cigarettes or marijuana (Table 23).





Youth who reported 30-day alcohol use also reported that they had recently used other substances as well. The degree of association between drinking alcohol and the use of other substances is striking, either recent (Table 11) or lifetime (Table 13). Only 12 of 642 non-drinkers (1.9%) reported 30-day marijuana use, compared with 51 of 212 (24%) of recent drinkers – i.e., drinkers were 13 times more likely to use marijuana. This kind of association is repeated between alcohol and other substances, and between marijuana and the other substances (Table 12). This same relationship has been observed in many other Connecticut towns. A subset of about 20% of youth exists, who reported using alcohol but not marijuana. Youth who had used alcohol in the past 30 days held more lenient views about substance use and toward some antisocial activities (Table 63).

Youth rated the plausibility of several possible reasons for why youth start using substances. Results are expressed as percent of maximum plausibility (see Methods), and are divided by grade-group and by whether the youth reported using in the past 30 days (Table 24). The most prominent among reasons given by alcohol users for starting to drink were to have fun (especially older youth), curiosity, and to fit in with friends (Table 24A). Non-drinkers also rated having fun the number one reason, and many thought fitting in with friends (i.e., peer pressure) to be more important than drinkers did. Least important were reasons related to family. Differences in overall perceptions between all drinkers and non-drinkers are shown in Table 66.

Youth were also asked to rate several reasons why teenagers choose *not* to use alcohol or marijuana, with results tabulated according to whether the responder did or did not use the substance (Table 25). Scores are computed as described above. For alcohol users, leading reasons were parental disapproval, bad experiences of family or friends, and ethical/moral reasons (Table 25A). Non-drinkers rated ethical/moral reasons higher than drinkers. Similar data were not collected for non-users of marijuana, due to a problem in the survey program.

Alcoholic beverages were the most readily available substance for all youth, exceeding both cigarettes and marijuana (Table 26). Alcohol was reported to be easier to obtain by Wilton youth – especially younger youth – than in demographically similar Connecticut towns, and than in national statistics (Table 53). Home as the source of alcohol has changed over the years since 1998 (Table 60). Middle school youth obtain alcohol from home without parental permission less

frequently in 2011 than formerly, but high school youth have changed little in this regard. Full data on sources of alcohol are presented (Table 28). High school youth who have used alcohol in their lifetime reported that their friends were the most frequent source. A majority of high school youth report that some or most of their close friends use alcohol (Table 31).

Youth who drink were *four times* more likely to have close friends who also drink (Table 69). Other personal characteristics are compared between youth who reported 30-day use of alcohol *versus* those who reported none (Tables 61-68). In rating circumstances which prevent youth from drinking, drinkers put less credence than non-drinkers in the influence of friends, alcohol education in school, and fear of addiction (Table 61). Drinkers shared their problems with their parents less often (Table 62), and reported spending more time hanging out with friends in homes and in public areas (Table 64). Drinkers reported a more negative self-concept than non-drinkers, in questions like “I feel no one really cares about me” or “I feel sad most of the time” (Table 65). Youth who reported being from single-parent families, and who spend more time after school without adults present, are more likely to drink (Table 68).

Respondents were asked to estimate how many in their own grade were regular users of cigarettes, alcohol, and marijuana. Six “bins” were provided for the estimates, and complete results are tabulated (Table 38). Median values of these “social norm” estimates were calculated for each substance for comparison with the prevalence actually reported by the same youth. The median is the prevalence estimated by 50% of the respondents, using linear interpolation. Results in Table A below indicate that overall estimates were close to reported values in all grades. Median estimates were also calculated for high school youth (grades 9-12), comparing youth who reported 30-day use of the substance with those who reported not. Users consistently estimated about 2-fold higher use of all three substances by their peers (Table B), confirming the “social norm” concept, that a belief that others are engaging in an activity (including but not exclusively substance use) is a motivator to engage in it oneself [13].

Table A.

Grade	Prevalence of 30-Day Substance Use					
	Cigarettes		Alcohol		Marijuana	
	Reported	Estimated	Reported	Estimated	Reported	Estimated
	%	median %	%	median %	%	median %
7	0.8	1.4	3.1	2.9	0.8	1.3
8	0.8	1.5	5.5	3.6	0.0	1.3
9	3.5	5.8	19.1	24.1	3.5	6.9
10	5.0	7.5	29.9	39.4	13.3	14.0
11	5.4	10.2	40.2	40.0	11.6	15.0
12	15.2	10.6	55.2	53.2	16.0	21.8

Table B.

Median estimated use, grades 9-12		
Substance	30-Day Use	
	NO	YES
	%	%
Cigarettes	7.3	14.1
Alcohol	29.1	53.4
Marijuana	12.6	27.0

### ***Tobacco Use.***

Cigarette smoking by Wilton youth in all grades has declined dramatically since 1998; it is now almost extinguished in middle school and is below 5% in grades 9-10 (Tables 8, 54). Prevalence in Wilton is below averages in both national statistics and comparable Connecticut towns (Table 51). Use of non-cigarette tobacco products, primarily cigars or smokeless, is 15-20% in high school (Table 15). In many towns, a youth whose parent smokes is more likely to have asthma, as diagnosed by a physician – but there is no such correlation in Wilton. Youth engaged in varsity athletics in Wilton were more likely to have tried cigarettes (14% vs. 9% of non-athletes) and non-cigarette tobacco (27% vs. 9% of non-athletes), but were no more likely to have smoked cigarettes in the previous 30 days. The most common sources of cigarettes were from friends, from stores (youth buys), and from parents without permission (Table 27).

Perceived risk of harm from regular smoking was higher than risk from alcohol or marijuana (Table 30). As youths get older, their attitudes about the risk of alcohol and cigarettes change little, but those who think there is little risk to the use of marijuana increased. By grade 10, marijuana was felt to be safer than alcohol and far safer than cigarettes. As with alcohol (Figure 2), decreased perception of risk of cigarettes or marijuana is associated with increased use.

### ***Marijuana, Inhalants, Illicit Drugs, Prescription Drugs.***

Marijuana use was declining for several years in national surveys [9], but 30-day use has been increasing steadily among 10<sup>th</sup> graders from 14.2% in 2007 to 17.6% in 2011. Among Wilton youth, prevalence of marijuana use has risen and fallen over the years (Table 54). Among 10<sup>th</sup> graders, reported use in 2011 was about one-half what it was in 1998, but was somewhat increased from 2007. The perception of risk from regular use has decreased more for marijuana than for other substances. Prevalence of perception of “a lot of harm” from tobacco in 2011 by youth in grades 11-12 was 68%, barely changed from 72% in 1998, whereas perception of great risk from marijuana decreased during that period from 67% to 28% (Table 57). It seems likely that talk of “medical marijuana” and efforts to decriminalize or legalize marijuana have fueled these perceptions. It is clear that, as perception of harm decreases with increasing age (Table 30), use increases concurrently (Tables 8, 9).

Marijuana was reported to be less readily available in Wilton youth than in other Connecticut towns, or in the nation (Table 53). Perceptions of parental disapproval of marijuana by Wilton youth in grades 11-12 has decreased somewhat since 1998, whereas perceived disapproval of use of alcohol and tobacco has increased (Table 58). The use of marijuana is associated with the use of other substances (Table 12) – very few youth smoke cigarettes, and almost none use other illicit drugs or inhalants, if they do not use marijuana.

Inhalants typically involve a volatile organic solvent or propellant used in paint, glue, aerosols, or other product, and are “huffed” to experience a high. Inhalants are extremely dangerous but easily available, and their use is strongly discouraged. In national statistics, the use of inhalants declines in later years of high school. The 30-day use in Wilton is at very low levels (Tables 8, 55), but lifetime use may be a concern (Tables 9, 55).

Use of prescription medicines to get high or to enhance physical or cognitive performance is currently receiving much attention at the national level. In Wilton, 30-day use of any prescription medicine among high school youth is low – 1.4% to 6% (Table 21) – but experimentation may be taking place, as lifetime use has reached 8-18%. The most commonly tried prescription drugs are

tranquilizers and sedatives (Table 17). Reported use of tranquilizers by 12<sup>th</sup> graders is higher in Wilton than in other Connecticut towns (Table 51).

### ***Personal and Environmental Characteristics***

From the beginning of the GPIY survey, personal characteristics of respondents have been collected, including social supports (Table 32, where a youth goes to discuss problems), actions and attitudes about “antisocial” behaviors (Tables 33 and 34 – theft, violence, gambling, bullying, cheating, etc.), time spent in after-school activities (Table 35), and self-concept (Table 37). The relationships between these and other characteristics and the use of alcohol are presented in Section 8 (Tables 62-69). The primary findings have been remarked upon above in the discussion about alcohol. Although these tables are comparisons between users and non-users of alcohol, the principles apply to other substances, because of the close associations (Tables 11, 13). The history of self-concept among Wilton youth in grades 9-10 shows that their strongly positive attitudes have changed little over the years (Table 60).

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## ***SECTION 1. DEMOGRAPHY***

**Table 1. Numbers of youth in grades surveyed**

Grade	Surveyed	Analyzed	Weight
	count	count	
7	134	131	1.0967
8	131	129	1.1051
9	142	141	1.0189
10	248	241	0.5937
11	119	112	1.2827
12	109	106	1.3553
Missing	2	0	--
Totals	885	860	

**Table 2. Surveys excluded from analysis**

Grade	Surveys Excluded for Reasons:	
	Inconsistent	Incomplete
	count	count
7	1	2
8	1	1
9	0	1
10	6	1
11	5	2
12	2	1
Missing	0	1
Totals	15	9

2.7%

**Table 3. Gender and grade of youth analyzed**

Grade	Gender		
	Female	Male	Missing
	count	count	count
7	71	60	0
8	57	70	2
9	59	82	0
10	121	119	1
11	55	56	1
12	52	54	0
Totals	415	441	4

**Table 4. Race, ethnicity of youth included in survey**

Race/Ethnicity	Survey Sample*		Wilton Schools**
	count	%	%
White/Caucasian	740	86.2	91.0
Black/African American	19	2.2	1.2
Asian	51	5.9	5.8
Native American	6	0.7	0.0
Other	42	4.9	--
Hispanic	50	5.8	1.9

\* Sample included in analysis, \*\* Reference [14]

**Table 5. Home Situation**

Youth included in survey, all grades

Question/Response	Prevalence
In my home, there are:	%
Two parents or guardians	87.4
A single parent or guardian	10.3
Other	2.3

**Table 6. Asthma status**

Youth included in survey, all grades

Question/Response	Prevalence
Do you have asthma?	%
No	86.3
Yes, diagnosed by a doctor	11.0
I think so, but not diagnosed	2.6

**Table 7. Sleep Habits, youth included in survey**

Question/Response	Prevalence in Grade					
	7	8	9	10	11	12
On a typical school night, about how many hours of sleep do you get?	%	%	%	%	%	%
Less than 4 hours	0.8	0.0	1.4	0.8	2.7	1.9
4-6 hours	6.9	13.4	19.1	29.0	31.3	39.4
7-8 hours	57.3	60.6	65.2	60.6	59.8	49.0
More than 8 hours	35.1	26.0	14.2	9.5	6.3	9.6

## **SECTION 2. TOBACCO, ALCOHOL, AND DRUG USE**

**Table 8. Recent (past 30 days) use of substances by gender, grade**

Substance	Grade	2007			2011		
		Female	Male	Both	Female	Male	Both
Alcohol		%	%	%	%	%	%
	7	2.2	11.0	6.7	4.2	1.7	3.1
	8	3.3	12.0	7.7	7.0	4.3	5.5
	9	15.5	23.5	19.6	16.9	20.7	19.1
	10	35.6	30.3	32.9	30.6	29.4	29.9
	11	46.2	55.3	50.8	45.5	33.9	40.2
Cigarettes	12	71.9	70.4	71.2	59.6	50.9	55.2
	7	0.0	0.0	0.0	1.4	0.0	0.8
	8	0.0	1.1	0.6	0.0	1.4	0.8
	9	4.2	2.5	3.3	5.1	2.4	3.5
	10	8.2	3.9	6.0	5.0	5.0	5.0
	11	11.5	26.3	19.1	3.6	7.3	5.4
Other Tobacco	12	24.6	33.8	29.3	19.2	11.3	15.2
	7	0.0	0.0	0.0	1.4	0.0	0.8
	8	0.0	1.1	0.6	1.8	0.0	0.8
	9	0.0	9.9	5.0	1.7	19.5	12.1
	10	2.7	10.5	6.7	4.1	25.4	15.0
	11	7.7	32.9	20.5	3.6	26.8	15.2
Energy Drinks	12	21.1	42.3	31.9	9.6	30.2	20.0
	7	data not collected in 2007			9.9	26.7	17.6
	8				19.3	32.8	26.4
	9				17.2	24.7	21.6
	10				21.5	27.1	24.6
	11				25.5	25.0	25.0
Marijuana	12				21.6	24.0	22.8
	7	0.0	0.0	0.0	1.4	0.0	0.8
	8	0.0	2.2	1.1	0.0	0.0	0.0
	9	4.2	4.9	4.6	1.7	4.9	3.5
	10	6.8	9.2	8.1	9.9	16.1	13.3
	11	12.8	22.4	17.7	1.8	21.4	11.6
Inhalants	12	31.6	40.8	36.3	10.0	22.0	16.0
	7	0.0	0.0	0.0	1.4	0.0	0.8
	8	2.6	0.0	1.3	0.0	0.0	0.0
	9	0.0	0.0	0.0	1.7	1.2	1.4
	10	0.0	1.3	0.7	1.7	0.9	1.3
	11	2.7	1.3	2.0	0.0	1.8	0.9
Illicit Drugs	12	0.0	4.3	2.2	0.0	0.0	0.0
	7	0.0	0.0	0.0	1.4	0.0	0.8
	8	0.0	1.4	0.7	0.0	0.0	0.0
	9	0.0	2.5	1.3	0.0	2.4	1.4
	10	2.9	1.4	2.1	2.5	5.1	3.8
	11	1.4	5.3	3.4	0.0	5.4	2.7
	12	0.0	9.9	5.0	2.0	3.8	2.9



**Table 9. Lifetime use of substances by gender, grade**

Substance	Grade	2007			2011		
		Female	Male	Both	Female	Male	Both
Alcohol	7	% 9.3	% 32.1	% 20.0	% 8.5	% 18.3	% 13.0
	8	14.5	41.0	27.5	10.5	17.4	14.2
	9	31.4	50.6	41.6	33.9	42.7	39.0
	10	60.6	53.3	56.8	52.1	52.1	52.3
	11	73.7	76.3	75.0	58.2	55.4	57.1
	12	91.1	83.1	86.7	82.7	75.5	79.1
Cigarettes	7	1.1	1.2	1.2	1.4	0.0	0.8
	8	1.1	5.7	3.4	1.8	1.5	1.6
	9	5.6	7.5	6.6	8.5	4.9	6.4
	10	15.1	13.2	14.1	12.4	10.9	11.6
	11	24.7	43.4	34.0	18.2	20.0	18.9
	12	44.6	55.7	50.8	40.4	28.3	34.3
Other Tobacco	7	0.0	5.1	2.4	5.6	3.3	4.6
	8	2.4	10.8	6.5	5.3	2.9	3.9
	9	2.9	20.0	12.0	5.1	22.0	14.9
	10	12.9	20.0	16.6	6.6	35.6	21.3
	11	18.2	53.3	35.5	10.9	32.1	21.4
	12	33.9	66.2	51.6	25.0	52.8	39.1
Energy Drinks	7	data not collected in 2007			26.8	60.0	42.0
	8				38.6	70.2	55.2
	9				48.3	74.1	63.3
	10				60.3	73.7	67.1
	11				52.7	69.6	60.7
	12				66.7	70.0	68.3
Marijuana	7	0.0	0.0	0.0	1.4	0.0	0.8
	8	0.0	3.9	1.9	0.0	1.5	0.8
	9	5.7	8.9	7.4	3.4	9.8	7.1
	10	17.1	18.4	17.8	14.9	21.2	18.3
	11	24.0	40.0	32.0	18.2	26.8	22.3
	12	55.4	56.3	55.5	44.0	48.0	46.0
Inhalants	7	3.6	5.1	4.3	2.8	0.0	1.5
	8	6.4	5.7	6.1	0.0	1.5	0.8
	9	4.3	2.5	3.4	3.4	4.9	4.3
	10	7.2	2.7	4.9	3.3	1.7	2.5
	11	9.6	12.0	10.8	0.0	7.3	3.6
	12	5.4	20.0	13.4	5.9	5.8	5.8
Illicit Drugs	7	3.6	5.1	4.3	4.2	0.0	2.3
	8	6.1	9.2	7.5	1.8	0.0	0.8
	9	8.6	11.3	10.0	0.0	4.9	2.8
	10	18.6	19.7	19.2	7.4	11.9	10.0
	11	25.3	44.7	35.1	5.5	14.3	9.8
	12	57.1	57.7	57.0	5.9	15.4	10.7

**Table 10. Recent use of substances by race, ethnicity**

Substance	Race					Ethnicity
	White/ Caucasian	Black/ African American	Asian/ Pacific Islander	Native American	Other	Hispanic
	%	%	%	%	%	%
Alcohol	25.5	9.8	5.8	*	34.4	32.0
Cigarettes	4.8	9.4	4.4	*	7.3	7.8
Other Tobacco	9.9	12.4	12.8	*	17.4	10.7
Marijuana	7.3	10.9	8.0	*	7.9	7.4
Inhalants	0.7	0.0	0.0	*	0.0	2.2
Other Illicit Drugs	1.2	3.5	4.4	*	8.7	8.7
Energy Drinks	22.6	18.6	31.1	*	19.3	27.2

\* Too few to report statistics (N<10).

**Table 11. Association of 30-day alcohol with recent use of other substances**

Other Substance Reportedly Used Past 30 Days	Gender	30- Day Alcohol Use		YES / NO Ratio
		NO	YES	
Cigarettes	Female	%	%	
	Male	1.2	17.6	14.2
	Both	1.2	15.4	13.0
Marijuana	Female	1.2	16.5	13.6
	Male	0.8	13.3	15.6
	Both	2.9	34.8	11.9
Inhalants	Female	1.9	24.0	12.7
	Male	0.2	2.4	12.2
	Both	0.0	2.8	--
Other Illicit Drugs	Female	0.1	2.6	26.5
	Male	0.6	2.0	3.1
	Both	1.7	6.3	3.7
Energy Drinks	Female	1.2	4.2	3.5
	Male	13.2	34.5	2.6
	Both	21.5	43.8	2.0
		17.4	39.1	2.3

**Table 12. Association of 30-day marijuana with recent use of other substances**

Other Substance Reportedly Used Past 30 Days	Gender	30- Day Marijuana Use		YES / NO Ratio
		NO	YES	
Alcohol	Female	% 24.5	% 85.3	3.5
	Male	17.4	78.8	4.5
	Both	20.9	82.0	3.9
Cigarettes	Female	4.1	35.7	8.6
	Male	2.1	26.6	12.7
	Both	3.1	31.2	10.0
Inhalants	Female	0.4	9.8	23.9
	Male	0.3	4.2	15.8
	Both	0.3	7.0	20.7
Other Illicit Drugs	Female	0.2	21.0	139.6
	Male	1.2	16.4	13.3
	Both	0.7	18.7	27.1
Energy Drinks	Female	17.5	55.9	3.2
	Male	25.3	41.8	1.7
	Both	21.4	48.9	2.3

**Table 13. Associations of lifetime substance use**

Other Substance Reportedly Used in Lifetime	Gender	Lifetime Alcohol Use		YES / NO Ratio
		NO	YES	
Cigarettes Marijuana Inhalants Other Illicit Drugs Energy Drinks	Both	% 0.7	% 27.9	42.5
	Both	1.3	35.0	26.4
	Both	0.4	6.7	15.4
	Both	1.8	11.8	6.5
	Both	43.1	81.5	1.9
		Lifetime Marijuana Use		YES / NO Ratio
		NO	YES	
Alcohol	Both	% 32.8	% 95.1	2.9
Cigarettes	Both	3.8	57.1	15.2
Inhalants	Both	1.1	13.9	12.7
Other Illicit Drugs	Both	1.8	27.9	15.5
Energy Drinks	Both	53.7	90.5	1.7

**Table 14. Alcohol Use**

Questions & Responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
Have you ever had an alcoholic beverage (more than a few sips)?						
Yes	13.0	14.2	39.0	52.3	57.1	79.0
How many occasions have you had alcohol to drink (asked only of lifetime drinkers)?						
1-2 Times	61.1	44.4	29.1	18.4	9.4	9.6
3-5 Times	22.2	5.6	36.4	25.6	15.6	6.0
6-10 Times	5.6	22.2	5.5	16.0	17.2	14.5
More Than 10 Times	11.1	27.8	29.1	40.0	57.8	69.9
On how many occasions have you been drunk or very high from drinking alcohol (asked only of lifetime drinkers)?						
None	94.4	76.5	63.6	34.9	20.3	22.0
1-2 Times	0.0	23.5	14.5	23.0	21.9	13.4
3-9 Times	0.0	0.0	7.3	18.3	26.6	22.0
10 or More Times	5.6	0.0	14.5	23.8	31.3	42.7
In the past 30 days, how many days did you drink alcohol (asked only of lifetime drinkers)?						
None	77.8	61.1	50.9	42.4	29.7	30.1
1-2 Times	11.1	27.8	32.7	31.2	37.5	24.1
3-5 Times	5.6	11.1	9.1	21.6	20.3	27.7
6-10 Times	0.0	0.0	3.6	4.8	4.7	13.3
More Than 10 Times	5.6	0.0	3.6	0.0	7.8	4.8
In the past 30 days, on the days you drank, how many drinks did you usually have (asked only of recent drinkers)?						
1 Drink or Less	66.7	71.4	61.1	31.9	34.6	13.8
2-3 Drinks	33.3	14.3	22.2	46.8	34.6	27.6
More Than 3 Drinks	0.0	14.3	16.7	21.3	30.8	58.6

**Table 15. Tobacco Use**

Questions & Responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
Have you ever smoked a cigarette (more than just a puff)?						
Yes	0.8	1.6	6.4	11.6	18.9	34.3
On how many occasions have you smoked cigarettes (asked only of lifetime smokers)?						
1-2 Times	*	*	*	42.9	40.9	36.1
3-5 Times	*	*	*	28.6	13.6	8.3
6-10 Times	*	*	*	7.1	9.1	19.4
More Than 10 Times	*	*	*	21.4	36.4	36.1
How many days did you smoke cigarettes in the past 30 days (asked only of lifetime smokers)?						
None	*	*	*	57.1	72.7	55.6
1-2 Days	*	*	*	28.6	4.5	19.4
3-5 Days	*	*	*	3.6	4.5	11.1
6-10 Days	*	*	*	0.0	0.0	0.0
More Than 10 Days	*	*	*	10.7	18.2	13.9
In the past 30 days, on the days you smoked, how many cigarettes (asked only of recent smokers)?						
Less than 1 per day	*	*	*	*	*	40.0
1-5 cigarettes per day	*	*	*	*	*	60.0
About 1/2 pack per day	*	*	*	*	*	0.0
More than 1/2 pack per day	*	*	*	*	*	0.0
Have many times in your life have you used non-cigarette tobacco products?						
Never	95.4	96.1	85.1	78.7	78.6	61.0
1-2 times	3.1	3.1	7.8	7.1	1.8	14.3
3-10 times	0.8	0.0	2.8	2.9	6.2	10.5
More than 10 times	0.8	0.8	4.3	11.3	13.4	14.3
What tobacco products did you use in the past 30 days? (% of all respondents)						
Smokeless (chew, snuff)	0.8	0.8	11.3	9.2	11.6	8.6
Cigar	0.0	0.0	1.4	9.2	5.4	15.2
Pipe	0.8	0.0	0.0	1.7	1.8	2.9
Any non-cigarette tobacco	0.8	0.8	12.1	15.0	15.2	20.0

\* Too few smokers (N<10) to report statistics.

**Table 16. Lifetime illicit drug use**

Questions & Responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
I have used these drugs at some time in my life						
Inhalants	1.5	0.8	4.3	2.5	3.6	5.8
Cocaine	0.0	0.0	0.0	1.3	1.8	1.9
Crack (rock)	0.0	0.0	0.0	0.8	0.9	0.0
Hallucinogens (LSD, acid)	0.8	0.8	0.0	2.1	2.7	3.9
Heroin	0.0	0.0	0.7	1.3	0.0	0.0
Angel Dust (PCP)	0.0	0.0	0.7	1.3	0.0	0.0
MDMA (Ecstasy)	0.8	0.0	0.7	1.7	2.7	3.9
Ketamine	0.8	0.0	0.0	1.7	0.0	2.0
GHB	0.0	0.0	0.0	0.0	0.0	0.0
Methamphetamine	0.8	0.0	0.0	0.8	0.9	0.0
K2 (synthetic cannabinoid)	0.0	0.0	2.1	8.3	8.0	6.9
Salvia	0.8	0.0	0.7	3.8	1.8	3.9
Any illicit drug (excluding inhalants)	2.3	0.8	2.8	10.0	9.8	10.7

**Table 17. Lifetime medicinal drug abuse**

Questions & Responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
I have used these drugs or medicines on my own without a prescription or a doctor or dentist telling me to.						
Steroids	0.0	0.0	0.0	0.0	0.9	1.0
Downers (barbiturates, sleeping pills, Quaaludes)	2.3	4.8	2.1	5.0	10.9	4.9
Tranquilizers	0.0	0.0	0.0	1.7	0.9	5.9
Uppers (stimulants, amphetamines)	0.8	0.0	0.7	3.3	5.4	9.8
Diet pills to get high	0.0	0.0	0.0	0.0	1.8	1.0
Rx pain meds w/o own Rx (Vicodin, OxyContin)	4.6	1.6	5.0	7.1	8.9	4.9
OTC meds to get high (Cough Med, Mouthwash)	4.6	0.0	2.8	2.9	2.7	2.0
Any medicine above w/o own order	10.7	5.6	7.8	12.1	17.0	18.6

**Table 18. Marijuana use**

Questions & Responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
Have you ever used marijuana?						
Yes	0.8	0.8	7.1	18.3	22.3	46.0
How many occasions have you used marijuana? (asked only of lifetime users)						
1-2 occasions	*	*	50.0	13.6	36.0	12.8
3-5 occasions	*	*	20.0	13.6	8.0	21.3
6-10 occasions	*	*	10.0	6.8	12.0	17.0
More than 10 occasions	*	*	20.0	65.9	44.0	48.9
How many days did you use marijuana in the past 30 days? (asked only of lifetime users)						
None	*	*	54.5	28.9	48.0	64.6
1-2 days	*	*	27.3	22.2	20.0	10.4
3-5 days	*	*	18.2	13.3	16.0	8.3
6-10 days	*	*	0.0	15.6	4.0	6.3
More than 10 days	*	*	0.0	20.0	12.0	10.4

\* Too few users (N<10) to report statistics.

**Table 19. Energy drink use**

Questions & Responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
Have you ever had an energy drink (like Red Bull, Monster, Amp or Rock Star)?						
Yes	42.0	55.2	63.3	67.1	60.7	68.3
In the past 30 days, how many times did you have an energy drink?						
None	82.4	73.6	77.9	75.3	75.0	77.5
1-2 times	12.2	16.8	12.9	20.1	17.0	14.7
3-5 times	2.3	5.6	5.7	2.1	4.5	3.9
6-10 times	0.8	2.4	2.9	2.1	3.6	1.0
More than 10 times	2.3	1.6	0.7	0.4	0.0	2.9
Have you ever had an energy drink that contains alcohol?						
Yes	4.6	3.2	10.6	15.0	20.5	30.4
In the past 30 days, how many times did you have an energy drink that contains alcohol?						
None	96.9	97.6	96.4	94.1	89.3	92.2
1-2 times	3.1	2.4	1.4	3.8	7.1	6.9
3-5 times	0.0	0.0	1.4	1.7	3.6	1.0
6-10 times	0.0	0.0	0.7	0.0	0.0	0.0
More than 10 times	0.0	0.0	0.0	0.4	0.0	0.0

**Table 20. Recent (past 30 days) illicit drug use**

Questions & Responses	Grade					
	7 %	8 %	9 %	10 %	11 %	12 %
I have used these drugs at some time in my life						
Inhalants	0.8	0.0	1.4	1.3	0.9	0.0
Cocaine	0.0	0.0	0.0	0.4	0.0	0.0
Crack (rock)	0.0	0.0	0.0	0.4	0.0	0.0
Hallucinogens (LSD, acid)	0.8	0.0	0.0	0.4	0.0	0.0
Heroin	0.0	0.0	0.7	1.3	0.0	0.0
Angel Dust (PCP)	0.0	0.0	0.0	0.4	0.0	0.0
MDMA (Ecstasy)	0.0	0.0	0.0	0.4	0.0	0.0
Ketamine	0.0	0.0	0.0	0.4	0.0	1.0
GHB	0.0	0.0	0.0	0.0	0.0	0.0
Methamphetamine	0.0	0.0	0.0	0.4	0.9	0.0
K2 (synthetic cannabinoid)	0.0	0.0	0.7	2.9	1.8	2.0
Salvia	0.8	0.0	0.0	0.8	0.9	0.0
Any illicit drug (excluding inhalants)	0.8	0.0	1.4	3.8	2.7	2.9

**Table 21. Recent (past 30 days) medicinal drug abuse**

Questions & Responses	Grade					
	7 %	8 %	9 %	10 %	11 %	12 %
I have used these drugs or medicines on my own without a prescription or a doctor or dentist telling me to.						
Steroids	0.0	0.0	0.0	0.0	0.0	0.0
Downers (Barbiturates, Sleeping Pills, Quaaludes)	0.8	1.6	0.0	1.7	3.6	0.0
Tranquilizers	0.0	0.0	0.0	1.7	0.0	0.0
Uppers (Stimulants, Amphetamines)	0.0	0.0	0.7	2.1	0.9	2.9
Diet pills to get high	0.0	0.0	0.0	0.0	0.9	0.0
Rx pain meds w/o own Rx (Vicodin, OxyContin)	1.5	0.8	0.7	1.3	0.0	0.0
OTC meds to get high (Cough Med, Mouthwash)	2.3	0.0	0.0	0.8	0.9	0.0
Any medicine above w/o own order	4.6	1.6	1.4	5.0	6.2	2.9

**Table 22. Mean age of initiation for specific behaviors, lifetime users**

Substance	Age	Statistic	Grade					
			7	8	9	10	11	12
--	At time of survey	Average Age	11.0	12.0	13.2	14.1	15.1	16.0
		N	131	128	141	241	112	106
Alcohol	At time of first use	Average Age	11.7	11.6	13.3	14.0	14.3	14.6
		N	16	17	56	125	62	83
Cigarettes	At time of first use	Average Age	*	*	13.4	14.4	14.5	15.3
		N	1	2	9	29	21	36
Marijuana	At time of first use	Average Age	*	*	13.8	14.1	14.7	15.2
		N	1	2	10	43	25	48

\* Too few to calculate valid statistic (N<9).



**Table 23. Distribution of age of initiation of behaviors, lifetime users**

Age	Alcohol		Cigarettes		Marijuana	
Years	count	%	count	%	count	%
Never	499	58.2	759	88.8	723	85.1
9	18	2.1	4	0.5	0	0.0
10	10	1.2	2	0.2	2	0.2
11	6	0.7	3	0.4	2	0.2
12	24	2.8	3	0.4	4	0.5
13	52	6.1	5	0.6	16	1.9
14	105	12.3	20	2.3	31	3.6
15	97	11.3	28	3.3	40	4.7
16	34	4.0	22	2.6	29	3.4
17	12	1.4	9	1.1	3	0.4
Total	857	100	855	100	850	100

**Table 24. Reasons for using substances.**

Thinking of people about your age who [drink/smoke/use marijuana], how important do you think the following reasons were for them to begin using [each substance]?

**Table 24A. Alcohol**

Reason	Grades / Lifetime user: NO			Grades / Lifetime user: YES		
	7-8	9-10	11-12	7-8	9-10	11-12
	score*					
Fit in with friends	67.7	69.7	78.2	58.6	65.6	66.5
Parents or others in family drink	48.4	44.0	43.5	38.6	39.1	33.9
Readily available	46.4	60.5	52.9	40.0	56.2	53.5
Family tradition for special occasions	42.6	39.0	26.0	50.0	36.5	35.5
Fits chosen lifestyle	40.8	45.6	44.1	37.1	47.7	50.1
Boredom	39.4	42.9	47.2	44.3	52.0	56.0
Relieve stress	60.6	63.4	64.4	54.3	52.1	58.8
Curiosity	58.4	65.7	69.5	62.9	66.4	69.3
To have fun	57.2	77.7	81.1	60.0	85.4	90.8
Not sure why	30.6	37.0	43.3	33.8	38.8	37.6

\* Score = % of maximum (100=very, 50=somewhat, 0=not very important.)

**Table 24B. Marijuana**

Reason	Grades / Lifetime user: NO			Grades / Lifetime user: YES		
	7-8	9-10	11-12	7-8	9-10	11-12
	score*					
Fit in with friends	**	**	**	75.1	63.4	58.5
Adults they know use marijuana	**	**	**	75.1	31.1	23.9
Readily available	**	**	**	0.0	72.3	66.0
Fits chosen lifestyle	**	**	**	24.9	52.7	58.4
Boredom	**	**	**	74.9	59.8	72.6
Relieve stress	**	**	**	74.9	70.1	76.0
Curiosity	**	**	**	100.0	79.1	81.0
To have fun	**	**	**	100.0	91.7	90.2
Not sure why	**	**	**	24.9	37.8	39.4

\*\* Data not collected.

**Table 25. Reasons for NOT using substances.**

Thinking of people about your age who do not [drink/smoke/use marijuana], how important do you think these reasons were in influencing them not to use [each substance]?

**Table 25A. Alcohol**

Reason	Grades / Lifetime user: NO			Grades / Lifetime user: YES		
	7-8	9-10	11-12	7-8	9-10	11-12
	score*					
Disapproval of parent(s)	83.3	78.3	73.0	82.9	75.4	72.7
Disapproval of friends	76.9	62.9	66.0	70.6	56.4	45.2
Bad experiences family/friends	76.2	67.9	66.7	80.0	66.0	70.9
Education about alcohol	76.4	55.9	51.1	78.6	52.6	43.1
Health reasons	82.9	75.1	65.8	91.2	62.5	61.6
Legal reasons	85.9	72.4	68.8	88.6	66.2	53.4
Ethical/moral reasons	86.0	78.1	77.4	88.6	77.1	73.0
Does not fit chosen lifestyle	79.1	73.2	67.4	70.1	71.2	64.9
Alcohol not available	51.1	40.2	33.6	64.3	43.2	42.5

\* Score = % of maximum (100=very, 50=somewhat, 0=not very important.)

**Table 25B. Marijuana**

Reason	Grades / Lifetime user: NO			Grades / Lifetime user: YES		
	7-8	9-10	11-12	7-8	9-10	11-12
	score*					
Disapproval of parent(s)	**	**	**	25.1	64.7	66.3
Disapproval of friends	**	**	**	25.1	53.5	55.6
Bad experiences family/friends	**	**	**	0.0	39.1	45.0
Education about marijuana	**	**	**	24.9	61.2	59.7
Health reasons	**	**	**	75.1	72.9	81.6
Legal reasons	**	**	**	50.0	71.1	78.2
Ethical/moral reasons	**	**	**	50.2	63.2	73.4
Does not fit chosen lifestyle	**	**	**	74.9	38.7	33.6
Marijuana not available	**	**	**	49.9	55.0	68.8

\*\* Data not collected.

### **SECTION 3. INDIVIDUAL / PEER DOMAIN**

**Table 26. Availability of alcohol, tobacco, drugs and guns**

Questions and responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
<u>If you wanted to, how easy would it be for you to get:</u>						
Alcoholic beverages						
Very easy	16.4	28.0	55.3	49.2	50.0	64.7
Sort of easy	21.9	36.8	31.2	35.4	31.3	26.5
Sort of hard	31.3	18.4	10.6	11.7	10.7	6.9
Very hard	30.5	16.8	2.8	3.8	8.0	2.0
Cigarettes						
Very easy	5.5	8.0	22.7	31.7	36.6	58.8
Sort of easy	10.2	14.4	34.0	37.1	30.4	24.5
Sort of hard	24.2	24.0	26.2	18.8	19.6	11.8
Very hard	60.2	53.6	17.0	12.5	13.4	4.9
Marijuana						
Very easy	0.8	4.8	20.6	30.0	32.1	41.2
Sort of easy	4.7	7.3	23.4	29.6	34.8	31.4
Sort of hard	9.4	16.1	27.7	20.4	16.1	19.6
Very hard	85.2	71.8	28.4	20.0	17.0	7.8
A drug like cocaine, heroin, LSD or amphetamines						
Very easy	0.0	2.4	1.4	5.0	6.3	7.8
Sort of easy	3.2	6.4	8.6	7.9	9.8	11.8
Sort of hard	8.0	11.2	35.0	30.4	25.9	36.3
Very hard	88.8	80.0	55.0	56.7	58.0	44.1
A gun						
Very easy	3.1	4.8	4.3	5.0	3.6	3.9
Sort of easy	7.8	3.2	10.8	4.2	4.5	6.9
Sort of hard	7.8	17.6	16.5	22.1	23.4	22.5
Very hard	81.3	74.4	68.3	68.7	68.5	66.7

**Table 27. Sources for obtaining cigarettes**  
**(Responses of youth who report lifetime cigarette use)**

Questions and responses	Grade					
	7	8	9	10	11	12
Number of youth	1	2	9	28	21	36
	%	%	%	%	%	%
<u>How often do you get cigarettes from:</u>						
Your parents with their permission						
Sometimes	*	*	0.0	3.7	0.0	0.0
Often	*	*	0.0	0.0	9.1	0.0
Your parents without their permission						
Sometimes	*	*	22.2	18.5	18.2	11.1
Often	*	*	11.1	11.1	4.5	2.8
Your friends						
Sometimes	*	*	66.7	46.4	40.9	66.7
Often	*	*	11.1	25.0	13.6	11.1
Your brother(s) or sister(s)						
Sometimes	*	*	11.1	11.1	4.8	8.3
Often	*	*	22.2	3.7	4.8	0.0
Stores (you buy them)						
Sometimes	*	*	0.0	11.5	4.5	19.4
Often	*	*	11.1	3.8	18.2	8.3
Machines (you buy them)						
Sometimes	*	*	0.0	7.4	0.0	0.0
Often	*	*	0.0	0.0	13.6	2.8

\* Too few to calculate valid statistic (N<9).

**Table 28. Sources for obtaining alcoholic beverages**  
**(Responses of youth who report lifetime alcohol use)**

Questions and responses	Grade					
	7	8	9	10	11	12
Number of youth	17	19	55	126	64	84
	%	%	%	%	%	%
<u>How often do you get alcoholic beverages from:</u>						
Home, with your parents' permission						
Sometimes	38.9	50.0	58.9	37.3	35.9	44.6
Often	11.1	5.6	1.8	5.6	7.8	6.0
Home, without your parents' permission						
Sometimes	0.0	11.1	30.4	38.9	31.3	43.9
Often	5.6	5.6	5.4	6.3	15.6	13.4
Your friends						
Sometimes	0.0	16.7	49.1	45.6	53.1	41.0
Often	5.6	0.0	12.7	30.4	28.1	47.0
Your brother(s) or sister(s)						
Sometimes	11.1	16.7	16.1	18.3	29.7	30.1
Often	0.0	0.0	7.1	10.3	6.3	10.8
From other people who buy it for you						
Sometimes	5.6	5.6	26.8	25.6	40.6	38.6
Often	0.0	0.0	5.4	15.2	18.8	32.5
At a party with adults present who are aware of underage drinking						
Sometimes	5.6	0.0	14.3	15.9	41.3	49.4
Often	0.0	5.6	5.4	7.1	15.9	15.7
At a party with adults present but unaware of underage drinking						
Sometimes	0.0	5.6	21.4	39.2	52.4	48.2
Often	5.9	0.0	10.7	12.0	12.7	14.5
At a party with no adults present						
Sometimes	0.0	5.6	26.8	42.4	56.3	38.6
Often	5.6	5.6	16.1	20.8	29.7	42.2
At a restaurant (you buy it)						
Sometimes	11.1	11.1	16.1	14.3	21.9	22.9
Often	0.0	0.0	0.0	0.0	1.6	3.6
At a store or bar (you buy it)						
Sometimes	0.0	5.6	3.6	3.2	10.9	10.8
Often	0.0	0.0	0.0	0.8	6.3	2.4

**Table 29. Place and prevalence of alcohol use**  
**(Responses of youth who report lifetime use of alcohol)**

Questions and responses	Grade					
	7	8	9	10	11	12
Number of youth	17	19	55	126	64	84
	%	%	%	%	%	%
<u>In the past month, how many times did you drink alcoholic beverages:</u>						
At home						
None	33.3	28.6	48.0	62.5	53.3	43.9
1-2 times	0.0	42.9	40.0	27.8	28.9	29.8
3-5 times	0.0	28.6	4.0	6.9	4.4	22.8
6-10 times	66.7	0.0	4.0	2.8	6.7	0.0
More than 10 times	0.0	0.0	4.0	0.0	6.7	3.5
On the street, in the woods, or in parks or fields						
None	66.7	100.0	66.7	72.6	64.4	75.4
1-2 times	0.0	0.0	18.5	20.5	26.7	8.8
3-5 times	33.3	0.0	7.4	4.1	2.2	14.0
6-10 times	0.0	0.0	3.7	2.7	2.2	1.8
More than 10 times	0.0	0.0	3.7	0.0	4.4	0.0
With older friends						
None	66.7	71.4	37.0	30.1	40.0	47.4
1-2 times	0.0	28.6	48.1	47.9	40.0	28.1
3-5 times	0.0	0.0	3.7	19.2	6.7	15.8
6-10 times	33.3	0.0	7.4	2.7	11.1	7.0
More than 10 times	0.0	0.0	3.7	0.0	2.2	1.8
At the homes of other people						
None	66.7	57.1	29.6	21.1	17.8	14.0
1-2 times	0.0	42.9	48.1	54.9	60.0	43.9
3-5 times	0.0	0.0	7.4	19.7	11.1	22.8
6-10 times	0.0	0.0	7.4	4.2	4.4	12.3
More than 10 times	33.3	0.0	7.4	0.0	6.7	7.0
At school activities, like dances or football games						
None	100.0	100.0	85.2	86.3	65.2	77.2
1-2 times	0.0	0.0	14.8	12.3	23.9	14.0
3-5 times	0.0	0.0	0.0	1.4	8.7	7.0
6-10 times	0.0	0.0	0.0	0.0	0.0	1.8
More than 10 times	0.0	0.0	0.0	0.0	2.2	0.0
At work						
None	100.0	100.0	100.0	98.6	95.6	100.0
1-2 times	0.0	0.0	0.0	1.4	0.0	0.0
3-5 times	0.0	0.0	0.0	0.0	2.2	0.0
6-10 times	0.0	0.0	0.0	0.0	0.0	0.0
More than 10 times	0.0	0.0	0.0	0.0	2.2	0.0
When skipping school						
None	66.7	100.0	100.0	97.2	97.8	100.0
1-2 times	0.0	0.0	0.0	2.8	0.0	0.0
3-5 times	33.3	0.0	0.0	0.0	0.0	0.0
6-10 times	0.0	0.0	0.0	0.0	0.0	0.0
More than 10 times	0.0	0.0	0.0	0.0	2.2	0.0

**Table 29. Place and prevalence of alcohol use, continued**

Questions and responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
<u>In the past month, how many times did you drink alcoholic beverages:</u>						
While driving a car, truck or motorcycle						
None	66.7	100.0	100.0	97.3	88.9	100.0
1-2 times	0.0	0.0	0.0	2.7	4.4	0.0
3-5 times	33.3	0.0	0.0	0.0	4.4	0.0
6-10 times	0.0	0.0	0.0	0.0	0.0	0.0
More than 10 times	0.0	0.0	0.0	0.0	2.2	0.0
At a party with an adult present who are aware of underage drinking						
None	33.3	100.0	92.6	77.8	52.3	52.6
1-2 times	66.7	0.0	7.4	16.7	31.8	29.8
3-5 times	0.0	0.0	0.0	4.2	9.1	8.8
6-10 times	0.0	0.0	0.0	1.4	4.5	5.3
More than 10 times	0.0	0.0	0.0	0.0	2.3	3.5
At a party with adults present who are NOT aware of underage drinking						
None	66.7	85.7	51.9	49.3	60.0	64.3
1-2 times	0.0	14.3	37.0	39.7	28.9	21.4
3-5 times	0.0	0.0	0.0	9.6	8.9	12.5
6-10 times	0.0	0.0	3.7	1.4	0.0	0.0
More than 10 times	33.3	0.0	7.4	0.0	2.2	1.8
At a party without an adult present						
None	66.7	71.4	66.7	54.8	26.7	21.1
1-2 times	0.0	14.3	22.2	34.2	51.1	43.9
3-5 times	0.0	14.3	3.7	6.8	17.8	19.3
6-10 times	0.0	0.0	0.0	4.1	0.0	8.8
More than 10 times	33.3	0.0	7.4	0.0	4.4	7.0

**Table 30. Perceived harm of substance use**

Questions and responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
How much do you think people risk harming themselves if they:						
Smoke cigarettes regularly						
No risk	3.1	1.6	0.0	1.2	3.6	1.9
Very little risk	8.5	8.7	5.0	4.1	5.4	13.5
Some risk	16.2	16.5	27.7	22.0	14.3	25.0
A lot of risk	72.3	73.2	67.4	72.6	76.8	59.6
Use alcohol regularly						
No risk	0.8	3.2	5.0	7.1	6.3	13.6
Very little risk	19.1	14.3	27.0	24.5	24.1	30.1
Some risk	33.6	46.0	44.7	39.4	33.9	31.1
A lot of risk	46.6	36.5	23.4	29.0	35.7	25.2
Use marijuana regularly						
No risk	1.5	1.6	4.3	11.3	12.5	13.6
Very little risk	1.5	7.1	10.6	25.8	20.5	39.8
Some risk	8.4	15.0	35.5	24.6	33.9	24.3
A lot of risk	88.5	76.4	49.6	38.3	33.0	22.3



**Table 31. Peer use of substances**

Questions and responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
<u>How many of your close friends:</u>						
Smoke cigarettes?						
None	96.9	97.6	68.8	71.7	60.7	48.5
Some	3.1	2.4	28.4	26.7	35.7	45.5
Most	0.0	0.0	2.8	1.7	3.6	5.9
Drink alcoholic beverages?						
None	94.7	90.4	41.8	29.2	27.7	13.9
Some	4.6	9.6	44.7	38.8	33.9	25.7
Most	0.8	0.0	13.5	32.1	38.4	60.4
Use marijuana?						
None	99.2	97.6	65.2	46.9	39.3	23.8
Some	0.0	2.4	33.3	41.4	50.0	60.4
Most	0.8	0.0	1.4	11.7	10.7	15.8
Use inhalants?						
None	98.5	99.2	91.5	95.4	92.0	88.1
Some	1.5	0.8	8.5	4.2	8.0	8.9
Most	0.0	0.0	0.0	0.4	0.0	3.0
Have tried a drug like cocaine, LSD, or heroin?						
None	100.0	99.2	90.8	89.2	75.9	84.0
Some	0.0	0.8	9.2	9.6	23.2	13.0
Most	0.0	0.0	0.0	1.3	0.9	3.0
Have used prescription drugs on their own?						
None	99.2	96.0	86.5	86.2	77.7	70.3
Some	0.8	4.0	12.8	13.3	21.4	26.7
Most	0.0	0.0	0.7	0.4	0.9	3.0
Have played games for money, like poker?						
None	84.6	81.7	65.2	69.7	69.6	67.3
Some	13.1	16.7	26.2	22.7	24.1	28.7
Most	2.3	1.6	8.5	7.6	6.2	4.0
Are considered bullies?						
None	79.2	76.8	68.1	75.4	77.7	85.1
Some	20.0	23.2	30.4	23.8	22.3	11.9
Most	0.8	0.0	1.4	0.8	0.0	3.0

**Table 32. Social supports**

Questions and responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
<u>When you have a problem that bothers you, how often do you talk about it with:</u>						
Parents or guardians	0.0					
Almost never	9.2	15.9	26.2	24.4	20.0	18.2
Sometimes	36.9	36.5	41.1	38.2	45.5	37.4
Often	23.1	29.4	16.3	23.5	22.7	25.3
Almost always	30.8	18.3	16.3	13.9	11.8	19.2
A relative other than parent						
Almost never	40.8	54.8	58.9	63.0	63.3	51.5
Sometimes	38.5	28.6	29.1	26.5	27.5	37.4
Often	14.6	11.1	9.9	8.4	3.7	11.1
Almost always	6.2	5.6	2.1	2.1	5.5	0.0
A teacher						
Almost never	65.9	70.6	72.3	70.2	69.7	56.6
Sometimes	24.0	21.4	24.8	24.4	22.0	31.3
Often	8.5	5.6	2.8	4.6	6.4	10.1
Almost always	1.6	2.4	0.0	0.8	1.8	2.0
A mentor						
Almost never	70.8	63.5	71.6	71.0	57.3	53.5
Sometimes	19.2	27.0	22.7	22.3	32.7	29.3
Often	10.0	5.6	4.3	5.9	6.4	15.2
Almost always	0.0	4.0	1.4	0.8	3.6	2.0
An adult who is not family or a teacher						
Almost never	73.1	74.6	68.6	74.8	69.1	60.2
Sometimes	18.5	16.7	21.4	16.8	24.5	25.5
Often	6.2	5.6	7.9	6.3	3.6	12.2
Almost always	2.3	3.2	2.1	2.1	2.7	2.0
A brother or sister						
Almost never	38.5	30.2	39.7	36.1	29.1	31.3
Sometimes	26.9	39.7	28.4	34.5	41.8	30.3
Often	23.8	19.8	22.0	16.4	18.2	25.3
Almost always	10.8	10.3	9.9	13.0	10.9	13.1
A friend						
Almost never	13.8	7.1	11.3	5.9	5.5	8.1
Sometimes	24.6	27.8	25.5	22.5	28.2	22.2
Often	33.1	33.3	35.5	27.5	34.5	31.3
Almost always	28.5	31.7	27.7	44.1	31.8	38.4
Nobody. I keep it to myself.						
Almost never	21.5	13.6	18.4	12.2	14.5	14.1
Sometimes	40.8	41.6	40.4	42.4	35.5	45.5
Often	23.1	29.6	28.4	26.5	29.1	25.3
Almost always	14.6	15.2	12.8	18.9	20.9	15.2

**Table 33. Antisocial behavior**

Questions and responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
<u>In the past year, I have:</u>						
Stolen something worth less than \$100	6.1	8.1	9.2	15.4	22.3	15.8
Gotten suspended or expelled from school	3.8	2.4	5.7	1.3	3.6	1.0
Gotten into trouble with the police	0.8	2.4	7.8	5.4	2.7	5.0
Picked a fight (not with a family member)	16.0	20.6	19.1	15.0	18.8	13.9
Attacked someone to seriously hurt them	7.7	7.1	9.9	7.1	5.4	7.9
Bullied to hurt someone's feelings	4.6	4.8	9.2	7.9	8.9	4.0
Cheated on a test	4.6	15.2	25.7	33.8	34.8	34.7
Sold illegal drugs	1.5	0.0	0.7	4.6	3.6	4.0
Bought illegal drugs	1.5	0.0	4.3	11.3	13.4	18.8
Purposely damaged another's property	6.9	7.9	18.4	13.0	7.1	15.8
Carried a weapon	5.3	5.6	13.5	10.4	8.1	11.9
Brought a weapon to school	0.8	0.8	2.8	3.3	1.8	3.0
Gotten arrested	0.8	0.0	0.0	1.3	0.9	0.0
Played games for money, like poker	10.7	14.4	22.1	18.8	18.8	18.8
Placed bets on-line	2.3	1.6	2.1	3.8	2.7	5.0
Played scratch tickets for money	19.1	13.5	22.7	12.9	15.2	17.8
Ridden as passenger with driver using alcohol	3.1	2.4	8.5	9.6	15.2	22.8
Ridden as passenger with driver using drugs	3.8	0.8	5.0	10.8	16.1	19.8

**Table 34. Attitudes toward antisocial behavior**

Questions and responses	Grade					
	7	8	9	10	11	12
	score*					
<u>How wrong do you think it is for someone your age to:</u>						
Drink alcoholic beverages	95.3	89.3	67.9	56.7	50.0	34.7
Smoke cigarettes	96.1	95.2	85.3	79.0	75.9	56.9
Use marijuana	97.7	96.0	83.2	67.2	58.9	49.5
Purposely damage property that is not theirs	96.9	92.9	84.5	87.8	87.8	85.6
Carry a knife, gun or other weapon	94.1	88.5	85.0	85.1	83.9	81.7
Steal something worth less than \$100	90.3	87.3	81.4	83.2	83.9	82.7
Pick a fight with someone (not family)	87.2	77.0	71.8	71.6	73.4	75.2
Attack someone to hurt them	95.0	92.5	89.9	91.8	89.7	89.1
Tease someone to hurt their feelings	90.9	87.7	88.2	88.9	90.2	91.1
Say nothing to a bully	84.9	75.8	65.8	77.9	74.6	74.8
Use inhalants	97.3	96.4	89.6	91.6	88.8	87.1
Cheat on a test at school	85.3	79.2	68.6	69.3	59.5	60.9
Drink and drive	98.1	96.4	92.1	93.9	92.0	93.1
Play games for money, like poker	76.7	64.7	51.4	48.5	42.9	38.1
Place bets on-line	81.4	71.4	56.8	57.0	47.8	45.5
Play scratch tickets for money	69.9	63.5	45.7	48.9	40.6	30.2

\* Score = % of maximum (0=not at all wrong, 50=somewhat wrong, 100=very wrong)

**Table 35. How youth report spending time after school**

Questions and responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
<b>How many hours a day do you usually spend doing homework?</b>						
None	0.8	0.0	0.0	0.0	2.9	2.1
Less than 1 hour	15.3	5.8	13.7	8.6	10.5	21.1
1-3 hours	71.0	71.1	67.6	65.5	53.3	56.8
More than 3 hours	13.0	23.1	18.7	25.9	33.3	20.0
<b>How many hours a week do you usually spend:</b>						
<b>Exercising, working out, or playing informal sports</b>						
None	7.6	9.4	4.3	7.1	8.0	13.6
1-2 hours	40.5	42.5	38.3	33.5	35.7	17.5
3-6 hours	30.5	29.1	28.4	30.1	30.4	34.0
7 hours or more	21.4	18.9	29.1	29.3	25.9	35.0
<b>Playing or practicing organized sports</b>						
None	15.3	14.5	16.7	23.7	26.4	26.2
1-2 hours	35.1	21.8	20.3	16.2	9.1	10.7
3-6 hours	23.7	33.1	29.0	17.8	17.3	20.4
7 hours or more	26.0	30.6	34.1	42.3	47.3	42.7
<b>In clubs (like school clubs, scouts, boys/girls club)</b>						
None	74.6	71.7	64.3	63.7	40.9	45.6
1-2 hours	24.6	23.6	30.7	29.2	44.5	41.7
3-6 hours	0.8	2.4	5.0	5.4	10.0	6.8
7 hours or more	0.0	2.4	0.0	1.7	4.5	5.8
<b>Watching TV</b>						
None	9.2	3.2	9.2	12.5	9.8	12.6
1-2 hours	48.1	40.0	37.6	46.7	55.4	50.5
3-6 hours	30.5	44.0	36.2	29.6	22.3	23.3
7 hours or more	12.2	12.8	17.0	11.3	12.5	13.6
<b>Reading books, magazines or newspapers</b>						
None	9.2	8.8	21.3	28.3	24.1	17.3
1-2 hours	65.6	56.8	57.4	55.7	48.2	64.4
3-6 hours	18.3	24.8	15.6	13.1	22.3	10.6
7 hours or more	6.9	9.6	5.7	3.0	5.4	7.7
<b>Hanging out with friends in your or their home</b>						
None	7.6	8.7	14.3	11.6	11.7	7.9
1-2 hours	46.6	44.9	37.1	33.6	33.3	26.7
3-6 hours	35.9	33.1	29.3	32.8	36.0	33.7
7 hours or more	9.9	13.4	19.3	22.0	18.9	31.7
<b>Hanging out with friends in public areas</b>						
None	38.9	26.0	26.2	22.5	22.5	19.2
1-2 hours	37.4	53.5	45.4	50.4	43.2	48.1
3-6 hours	20.6	16.5	24.8	19.6	27.0	22.1
7 hours or more	3.1	3.9	3.5	7.5	7.2	10.6

**Table 35. How youth report spending time after school, continued**

Questions and responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
Working at a paying job						
None	71.0	59.5	46.1	48.5	43.2	31.1
1-2 hours	21.4	23.8	40.4	25.5	18.9	18.4
3-6 hours	6.1	14.3	9.9	18.4	19.8	28.2
7 hours or more	1.5	2.4	3.5	7.5	18.0	22.3
Helping around the house						
None	10.7	9.4	10.6	10.0	16.2	10.6
1-2 hours	61.1	59.8	60.3	60.0	51.4	57.7
3-6 hours	19.1	21.3	25.5	24.2	24.3	25.0
7 hours or more	9.2	9.4	3.5	5.8	8.1	6.7
Doing volunteer work						
None	62.0	53.5	46.8	53.4	34.8	30.1
1-2 hours	33.3	39.4	41.1	40.3	50.0	52.4
3-6 hours	3.1	5.5	10.6	4.6	10.7	15.5
7 hours or more	1.6	1.6	1.4	1.7	4.5	1.9
In a band, choir, orchestra, or playing a musical instrument						
None	54.6	57.5	60.0	64.0	69.6	72.1
1-2 hours	36.2	26.8	12.9	14.6	9.8	10.6
3-6 hours	8.5	10.2	19.3	15.5	9.8	10.6
7 hours or more	0.8	5.5	7.9	5.9	10.7	6.7
Attending religious services or programs						
None	41.2	44.9	45.4	60.4	58.9	62.5
1-2 hours	49.6	43.3	49.6	35.8	33.9	35.6
3-6 hours	7.6	9.4	4.3	3.8	2.7	0.0
7 hours or more	1.5	2.4	0.7	0.0	4.5	1.9
Using a computer unrelated to school						
None	11.5	7.1	4.3	0.8	2.7	2.9
1-2 hours	58.8	38.9	29.3	27.1	30.4	23.1
3-6 hours	19.8	31.7	44.3	35.4	25.0	35.6
7 hours or more	9.9	22.2	22.1	36.7	42.0	38.5
Playing video games						
None	50.4	37.0	44.3	52.5	54.5	55.9
1-2 hours	31.0	28.3	29.3	23.3	20.5	18.6
3-6 hours	14.7	18.9	15.7	15.4	14.3	19.6
7 hours or more	3.9	15.7	10.7	8.8	10.7	5.9
Talking on the telephone						
None	19.2	15.9	9.9	8.8	7.1	3.8
1-2 hours	53.1	50.0	45.4	42.1	50.9	51.0
3-6 hours	20.8	25.4	24.8	28.8	24.1	19.2
7 hours or more	6.9	8.7	19.9	20.4	17.9	26.0
Listening to music						
None	13.0	9.4	7.8	5.0	5.4	3.8
1-2 hours	51.9	43.3	34.0	35.8	39.6	34.6
3-6 hours	20.6	24.4	27.0	31.7	22.5	26.0
7 hours or more	14.5	22.8	31.2	27.5	32.4	35.6

**Table 36. Youth athletic activities**

Questions and responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
What kinds of athletics are you involved in?						
None	7.6	8.7	7.1	8.7	14.3	15.2
Informal, not organized	21.4	21.3	22.7	16.2	21.4	30.5
Organized outside school	82.4	71.7	36.2	37.3	34.8	39.0
School physical education	17.6	25.2	27.0	24.1	32.1	37.1
School intramural sports	10.7	7.1	4.3	3.7	2.7	11.4
Varsity, JV or freshman teams	6.1	11.8	66.0	63.9	58.0	58.1

**Table 37. Self concept**

Questions and responses	Grade					
	7	8	9	10	11	12
	score*					
How much do you disagree or agree with the following						
I am good at making friends.						
Strongly disagree	2.3	4.8	1.4	2.1	0.0	1.0
Disagree	6.2	12.0	10.0	13.4	11.7	8.0
Agree	47.3	52.0	62.1	60.3	60.4	52.0
Strongly agree	44.2	31.2	26.4	24.3	27.9	39.0
I feel no one understands me.						
Strongly disagree	50.0	33.6	31.4	33.2	29.7	36.0
Disagree	29.2	46.4	44.3	44.1	52.3	46.0
Agree	13.1	15.2	20.7	15.1	14.4	14.0
Strongly agree	7.7	4.8	3.6	7.6	3.6	4.0
At times, I think I am no good at all.						
Strongly disagree	44.6	35.2	35.7	27.6	33.3	35.0
Disagree	31.5	36.0	35.0	38.5	35.1	36.0
Agree	20.0	21.6	22.9	25.1	22.5	25.0
Strongly agree	3.8	7.2	6.4	8.8	9.0	4.0
I feel lonely.						
Strongly disagree	61.5	45.6	41.4	36.4	36.0	38.0
Disagree	30.8	36.8	42.9	41.4	38.7	42.0
Agree	4.6	15.2	15.0	18.0	18.9	17.0
Strongly agree	3.1	2.4	0.7	4.2	6.3	3.0
I am good at making decisions.						
Strongly disagree	1.6	5.6	2.9	4.2	1.8	6.0
Disagree	8.5	15.9	13.6	15.9	18.0	11.0
Agree	57.4	50.0	63.6	55.6	50.5	58.0
Strongly agree	32.6	28.6	20.0	24.3	29.7	25.0
I feel that no one really cares about me.						
Strongly disagree	63.1	51.2	47.9	45.4	48.6	56.0
Disagree	28.5	37.6	41.4	39.9	36.9	36.0
Agree	6.2	7.2	9.3	9.2	10.8	7.0
Strongly agree	2.3	4.0	1.4	5.5	3.6	1.0

**Table 37. Self concept, continued**

	Grade					
Questions and responses	7	8	9	10	11	12
	score*					
<u>How much do you disagree or agree with the following</u>						
I feel I do not have much to be proud of.						
Strongly disagree	66.9	46.4	43.6	39.5	46.8	45.0
Disagree	23.1	39.2	42.9	40.8	41.4	34.0
Agree	9.2	8.8	10.7	14.7	9.0	15.0
Strongly agree	0.8	5.6	2.9	5.0	2.7	6.0
I think I have a good sense of humor.						
Strongly disagree	2.3	0.8	0.0	2.5	0.0	1.0
Disagree	3.1	4.8	4.3	8.8	6.3	5.1
Agree	50.0	55.2	66.9	55.2	56.8	56.6
Strongly agree	44.6	39.2	28.8	33.5	36.9	37.4
I often have trouble sleeping.						
Strongly disagree	43.8	29.4	28.6	23.4	31.8	21.0
Disagree	32.3	38.9	45.7	41.0	39.1	44.0
Agree	16.9	22.2	20.0	23.8	17.3	23.0
Strongly agree	6.9	9.5	5.7	11.7	11.8	12.0
I feel sad most of the time.						
Strongly disagree	62.0	47.2	47.9	39.1	48.6	40.6
Disagree	30.2	41.6	40.7	45.0	38.7	44.6
Agree	4.7	8.0	11.4	11.8	9.0	12.9
Strongly agree	3.1	3.2	0.0	4.2	3.6	2.0
On the whole, I like myself.						
Strongly disagree	0.0	1.6	2.9	4.6	2.7	3.0
Disagree	2.3	7.3	6.4	7.5	6.3	11.1
Agree	31.8	45.2	52.1	57.3	50.5	44.4
Strongly agree	65.9	46.0	38.6	30.5	40.5	41.4
I have so much energy, I don't know what to do with it.						
Strongly disagree	16.2	21.6	18.6	23.0	19.8	25.3
Disagree	47.7	56.0	57.9	55.6	60.4	52.5
Agree	28.5	20.0	17.1	14.2	10.8	16.2
Strongly agree	7.7	2.4	6.4	7.1	9.0	6.1
I have less energy than I think I should.						
Strongly disagree	49.6	33.6	26.4	23.8	24.3	18.0
Disagree	34.9	40.0	47.9	43.5	36.0	48.0
Agree	11.6	21.6	20.0	25.9	34.2	26.0
Strongly agree	3.9	4.8	5.7	6.7	5.4	8.0
I have a number of good qualities.						
Strongly disagree	0.0	1.6	0.7	1.7	1.8	1.0
Disagree	3.8	4.0	7.1	8.8	3.6	6.0
Agree	42.3	52.8	58.6	56.9	50.5	48.0
Strongly agree	53.8	41.6	33.6	32.6	44.1	45.0

**Table 37. Self concept, continued**

Questions and responses	Grade					
	7	8	9	10	11	12
score*						
<u>How much do you disagree or agree with the following</u>						
All in all, I am glad I am me.						
Strongly disagree	2.3	2.4	1.4	2.9	0.9	4.0
Disagree	4.6	4.0	7.1	12.6	8.1	8.9
Agree	26.2	40.0	50.7	45.2	49.5	39.6
Strongly agree	66.9	53.6	40.7	39.3	41.4	47.5
I wish I were dead.						
Strongly disagree	Question not included.					
Disagree						
Agree						
Strongly agree						
I am restless and can't sit still						
Strongly disagree	29.5	24.4	21.6	18.0	20.9	21.0
Disagree	38.0	36.6	47.5	49.0	48.2	45.0
Agree	23.3	29.3	25.2	24.7	21.8	26.0
Strongly agree	9.3	9.8	5.8	8.4	9.1	8.0
I have trouble concentrating.						
Strongly disagree	27.7	20.8	15.0	15.1	4.5	11.9
Disagree	43.8	39.2	40.7	39.3	41.4	43.6
Agree	23.1	30.4	32.9	32.6	39.6	30.7
Strongly agree	5.4	9.6	11.4	13.0	14.4	13.9
I would stick up for some one being bullied.						
Strongly disagree	3.1	0.0	1.4	2.1	0.0	4.0
Disagree	6.2	8.8	15.8	14.8	19.8	9.9
Agree	38.5	55.2	61.2	59.9	55.9	57.4
Strongly agree	52.3	36.0	21.6	23.2	24.3	28.7



**Table 38. Perceptions of normative use**

Questions and responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
<u>About how many students in your grade do you think regularly use:</u>						
<b>Cigarettes</b>						
Fewer than 5%	88.5	85.8	26.2	22.4	15.2	12.4
5-10%	9.2	9.4	35.5	27.8	25.0	27.6
10-20%	0.0	2.4	18.4	21.6	26.8	23.8
20-30%	2.3	0.8	15.6	21.2	16.1	22.9
30-50%	0.0	0.8	3.5	4.1	12.5	9.5
More than 50%	0.0	0.8	0.7	2.9	4.5	3.8
<b>Alcohol</b>						
Fewer than 10%	86.9	69.0	12.1	5.8	5.4	3.9
10-25%	10.8	20.6	27.7	17.8	14.3	3.9
25-50%	0.8	6.3	31.2	23.7	27.7	18.4
50-75%	0.8	2.4	20.6	35.7	26.8	37.9
75-90%	0.8	0.0	7.1	15.4	21.4	29.1
More than 90%	0.0	1.6	1.4	1.7	4.5	6.8
<b>Marijuana</b>						
Fewer than 5%	93.9	92.9	27.0	12.0	9.8	7.8
5-10%	3.8	2.4	26.2	18.3	16.1	7.8
10-20%	1.5	2.4	22.7	22.8	24.1	14.6
20-30%	0.0	0.8	16.3	20.3	19.6	29.1
30-50%	0.0	1.6	7.1	17.8	17.9	33.0
More than 50%	0.8	0.0	0.7	8.7	12.5	7.8
<b>Median estimates</b>						
Cigarettes	1.4	1.5	5.8	7.5	10.2	10.6
Alcohol	2.9	3.6	24.1	39.4	40.0	53.2
Marijuana	1.3	1.3	6.9	14.0	15.0	21.8

## **SECTION 4. FAMILY DOMAIN**

**Table 39. Family attitudes toward alcohol, tobacco, and marijuana**

Questions and responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
<u>How wrong do your parents/guardians feel it would be if you:</u>						
Drink beer, wine, or hard liquor (more than a few sips)?						
Not at all wrong	1.5	2.4	1.4	4.1	8.9	15.5
A little bit wrong	3.1	7.1	17.0	11.2	17.9	28.2
Wrong	17.6	26.2	31.2	35.7	31.3	29.1
Very wrong	77.9	64.3	50.4	49.0	42.0	27.2
Smoke cigarettes?						
Not at all wrong	0.8	0.0	0.0	0.8	1.8	0.0
A little bit wrong	0.8	0.0	2.1	2.1	2.7	9.6
Wrong	3.8	14.3	17.7	17.8	21.4	25.0
Very wrong	94.7	85.7	80.1	79.3	74.1	65.4
Use marijuana?						
Not at all wrong	0.8	0.0	0.7	2.1	2.7	2.9
A little bit wrong	0.0	0.8	2.1	6.7	2.7	10.7
Wrong	2.3	4.0	13.5	8.8	18.8	25.2
Very wrong	96.9	95.2	83.7	82.5	75.9	61.2

**Table 40. Family status of alcohol and cigarette use**

Questions and responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
Do either parent drink alcoholic beverages?						
Yes	87.0	92.9	91.5	89.6	85.7	90.4
Do brothers or sisters drink alcoholic beverages?						
Yes	16.0	24.4	31.2	37.8	45.9	56.2
I don't know	5.3	2.4	9.2	5.0	6.3	4.8
I have no siblings	6.1	7.1	5.0	4.1	2.7	4.8
Has a family member used alcohol enough to create problems?						
Yes	8.4	14.2	15.6	13.3	13.4	16.2
Do either parent smoke cigarettes?						
Yes	9.9	11.8	10.0	12.5	9.8	5.7
Do brothers or sisters smoke cigarettes?						
Yes	3.8	3.1	7.8	8.3	15.2	10.5
I have no siblings	4.6	5.5	3.5	2.9	2.7	1.9

**Table 41. Family management**

Questions and responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
On a regular day, how many hours do you usually spend after school without an adult present?						
None	20.0	12.6	9.2	8.8	8.9	7.7
Less than 1 hour	36.2	30.7	25.5	21.3	23.2	23.1
1-2 hours	37.7	45.7	45.4	45.8	37.5	39.4
Up to 4 hours	5.4	10.2	14.2	17.1	24.1	17.3
More than 4 hours	0.8	0.8	5.7	7.1	6.3	12.5
When I am away from home, my parent/guardian knows where I am and who I am with.						
Definitely not true	0.8	0.0	0.7	0.4	0.0	1.0
Mostly not true	0.8	3.9	5.0	3.8	8.9	13.5
Mostly true	19.2	18.1	41.8	40.8	42.9	46.2
Definitely true	79.2	78.0	52.5	55.0	48.2	39.4
If I break one of my parent's rules, I usually get punished.						
Definitely not true	1.5	0.8	3.5	1.7	5.4	5.8
Mostly not true	8.5	4.8	14.2	14.8	15.2	16.3
Mostly true	59.2	57.6	50.4	46.4	51.8	54.8
Definitely true	30.8	36.8	31.9	37.1	27.7	23.1
My family has clear rules discouraging drinking alcohol.						
Definitely not true	3.1	0.8	0.7	5.0	3.6	6.7
Mostly not true	3.8	5.5	14.2	8.7	16.1	25.0
Mostly true	29.8	27.6	35.5	42.7	35.7	42.3
Definitely true	63.4	66.1	49.6	43.6	44.6	26.0
My family has clear rules discouraging smoking.						
Definitely not true	2.3	4.0	2.8	3.8	8.0	3.8
Mostly not true	1.5	3.2	11.3	7.5	10.7	10.6
Mostly true	5.4	10.3	18.4	19.7	13.4	23.1
Definitely true	90.8	82.5	67.4	69.0	67.9	62.5

**Table 42. Parental attachment and communication**

Questions and responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
I feel very close to my parent/guardian(s)						
Definitely not true	0.8	2.4	3.5	3.3	2.7	1.0
Mostly not true	1.5	6.3	9.2	9.2	10.7	10.6
Mostly true	29.0	24.4	36.2	30.0	38.4	36.5
Definitely true	68.7	66.9	51.1	57.5	48.2	51.9
I enjoy spending time with my parent/guardian(s)						
Definitely not true	1.5	2.4	4.3	1.7	4.5	2.9
Mostly not true	3.1	9.4	8.5	7.9	13.6	8.7
Mostly true	42.7	44.1	53.2	56.7	46.4	47.6
Definitely true	52.7	44.1	34.0	33.8	35.5	40.8
I share my thoughts and feelings with my parent/guardian(s)						
Definitely not true	4.6	8.0	7.8	12.1	7.1	9.7
Mostly not true	21.4	24.0	27.0	27.5	26.8	20.4
Mostly true	48.9	44.8	47.5	39.6	47.3	43.7
Definitely true	25.2	23.2	17.7	20.8	18.8	26.2

**Table 43. Positive family involvement**

Questions and responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
<u>My parent/guardian(s):</u>						
Gives lots of chances to do fun things with them and my family.						
Definitely not true	0.8	2.4	3.5	2.1	0.9	2.9
Mostly not true	7.6	11.8	11.3	10.0	12.5	13.5
Mostly true	34.4	33.1	43.3	45.0	45.5	39.4
Definitely true	57.3	52.8	41.8	42.9	41.1	44.2
Gives me help and support.						
Definitely not true	2.3	3.1	1.4	1.7	0.9	1.0
Mostly not true	1.5	1.6	5.0	2.1	2.7	3.8
Mostly true	22.9	29.1	34.0	28.3	33.0	26.9
Definitely true	73.3	66.1	59.6	67.9	63.4	68.3
Asks if my homework is done.						
Definitely not true	1.5	1.6	2.1	5.4	4.5	5.8
Mostly not true	1.5	1.6	7.1	10.4	15.3	12.5
Mostly true	22.9	24.6	24.1	28.8	32.4	36.5
Definitely true	74.0	72.2	66.7	55.4	47.7	45.2
Participates in activities at my school.						
Definitely not true	17.6	22.2	16.3	20.8	22.3	16.5
Mostly not true	25.2	27.8	27.7	26.7	28.6	34.0
Mostly true	32.8	36.5	39.7	25.4	34.8	29.1
Definitely true	24.4	13.5	16.3	27.1	14.3	20.4

## *SECTION 5. SCHOOL DOMAIN*

**Table 44. School performance**

Questions and responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
What kinds of grades do you usually get?						
Mostly A's	38.9	45.2	31.2	28.2	17.0	14.4
A's and B's	36.6	32.5	46.1	48.5	54.5	50.0
Mostly B's	19.8	12.7	16.3	17.0	20.5	24.0
B's and C's	3.8	4.8	4.3	3.3	6.3	7.7
Mostly C's	0.0	4.0	0.7	1.7	1.8	3.8
C's and D's	0.0	0.8	1.4	0.8	0.0	0.0
Mostly D's	0.0	0.0	0.0	0.4	0.0	0.0
D's and F's	0.0	0.0	0.0	0.0	0.0	0.0
Mostly F's	0.8	0.0	0.0	0.0	0.0	0.0
On average, how many hours a day do you spend doing homework?						
None	0.8	0.0	0.0	0.0	2.7	1.9
Less than 1 hour	15.3	5.6	13.5	8.3	9.9	19.2
1-3 hours	71.0	68.8	66.7	63.1	50.5	51.9
3-5 hours	13.0	22.4	18.4	24.9	31.5	18.3
More than 5 hours	0.0	3.2	1.4	3.7	5.4	8.7

**Table 45. Commitment to school**

Questions and responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
I try hard to do good work at school.						
Definitely not true	0.8	0.0	0.7	0.8	0.9	2.9
Mostly not true	1.5	0.8	3.5	2.5	1.8	4.8
Mostly true	22.3	38.1	37.6	37.5	39.3	36.5
Definitely true	75.4	61.1	58.2	59.2	58.0	55.8
I want very much to get more education after high school.						
Definitely not true	3.1	0.8	0.0	0.8	0.0	1.9
Mostly not true	3.1	1.6	0.0	2.5	2.7	1.9
Mostly true	22.3	14.2	17.0	11.3	8.0	9.6
Definitely true	71.5	83.5	83.0	85.4	89.3	86.5
It is important to me to get good grades.						
Definitely not true	3.1	0.0	0.0	0.8	0.9	2.0
Mostly not true	0.0	0.8	0.7	1.7	1.8	4.9
Mostly true	13.8	21.4	25.0	20.9	20.0	26.5
Definitely true	83.1	77.8	74.3	76.6	77.3	66.7
I have given up on school.						
Definitely not true	91.5	89.0	85.8	84.6	82.1	66.3
Mostly not true	4.6	10.2	12.8	11.7	15.2	25.0
Mostly true	3.1	0.8	0.0	1.7	1.8	6.7
Definitely true	0.8	0.0	1.4	2.1	0.9	1.9
I feel safe at school.						
Definitely not true	1.5	1.6	0.7	0.8	3.6	6.7
Mostly not true	6.2	3.9	2.8	3.8	6.3	1.9
Mostly true	43.1	52.0	51.8	47.3	36.6	33.7
Definitely true	49.2	42.5	44.7	48.1	53.6	57.7

**Table 46. Perception of school enforcement of policies on substances**

Questions and responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
What is most severe discipline if student is caught at school:						
With an alcoholic beverage?						
Nothing	0.0	0.0	0.0	0.4	1.8	1.0
Sent to principal's office	1.5	0.8	1.4	1.2	1.8	1.0
Detention	0.0	0.8	4.3	1.2	8.0	1.9
Suspension	35.1	62.4	66.7	69.3	52.7	57.3
Expulsion	46.6	23.2	12.1	12.9	14.3	13.6
I don't know	16.8	12.8	15.6	14.9	21.4	25.2
Smoking a cigarette?						
Nothing	0.0	0.0	0.0	1.7	3.6	2.9
Sent to principal's office	3.1	3.1	4.3	2.9	9.8	11.4
Detention	0.8	0.8	6.4	7.9	15.2	22.9
Suspension	32.8	50.4	52.5	50.2	36.6	28.6
Expulsion	42.7	31.5	10.6	8.3	4.5	2.9
I don't know	20.6	14.2	26.2	29.0	30.4	31.4
In possession of marijuana?						
Nothing	0.0	0.0	0.0	0.8	1.8	1.9
Sent to principal's office	0.8	1.6	1.4	0.4	0.0	1.9
Detention	0.0	0.0	0.0	0.0	1.8	0.0
Suspension	16.8	18.1	44.0	45.8	43.8	49.5
Expulsion	70.2	70.9	39.0	40.8	36.6	26.2
I don't know	12.2	9.4	15.6	12.1	16.1	20.4

**Table 47. School environment**

Questions and responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
How true are the following?						
A lot of drugs are available in my school.						
Definitely not true	89.3	78.7	7.8	4.6	8.9	8.6
Mostly not true	9.9	18.9	27.7	30.8	21.4	24.8
Mostly true	0.0	1.6	43.3	38.8	40.2	41.9
Definitely true	0.8	0.8	21.3	25.8	29.5	24.8
Adults in my school try to keep kids off drugs.						
Definitely not true	3.1	4.7	1.4	1.2	8.9	1.9
Mostly not true	3.8	0.8	5.7	6.6	11.6	5.8
Mostly true	3.1	9.4	26.2	28.6	40.2	33.7
Definitely true	90.1	85.0	66.7	63.5	39.3	58.7
In my school kids are often bullied.						
Definitely not true	18.3	7.1	7.1	7.1	8.0	13.5
Mostly not true	51.9	46.8	46.8	51.7	56.3	64.4
Mostly true	20.6	30.2	31.2	27.3	25.9	14.4
Definitely true	9.2	15.9	14.9	13.9	9.8	7.7

## SECTION 6. COMMUNITY DOMAIN

**Table 48. Perception of neighborhood environment**

Questions and responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
<u>In my neighborhood:</u>						
There are lots of things for young people to do						
Definitely not true	8.4	4.8	9.9	17.5	27.7	31.7
Mostly not true	9.2	19.2	25.5	33.3	28.6	37.6
Mostly true	27.5	35.2	41.8	34.6	32.1	22.8
Definitely true	55.0	40.8	22.7	14.6	11.6	7.9
It is a safe place						
Definitely not true	2.3	2.4	0.7	1.7	0.9	4.0
Mostly not true	5.4	4.0	3.5	2.9	3.6	3.0
Mostly true	43.1	51.6	60.3	52.3	49.5	41.6
Definitely true	49.2	42.1	35.5	43.1	45.9	51.5
Kids are often taunted to hurt their feelings						
Definitely not true	16.8	10.3	11.4	11.3	7.2	16.7
Mostly not true	55.0	47.6	47.1	53.1	55.9	63.7
Mostly true	19.8	27.0	26.4	24.7	26.1	12.7
Definitely true	8.4	15.1	15.0	10.9	10.8	6.9

**Table 49. Neighborhood drug involvement**

Questions and responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
<u>In my neighborhood:</u>						
A lot of drugs are sold						
Definitely not true	47.3	48.4	13.5	10.4	6.3	6.9
Mostly not true	41.2	38.1	40.4	38.3	39.3	41.2
Mostly true	7.6	7.1	29.8	39.6	35.7	40.2
Definitely true	3.8	6.3	16.3	11.7	18.8	11.8
A lot of kids I know are into using drugs						
Definitely not true	56.5	39.2	9.2	6.3	3.6	5.9
Mostly not true	32.1	42.4	41.1	34.5	26.8	31.7
Mostly true	8.4	12.8	38.3	43.7	41.1	44.6
Definitely true	3.1	5.6	11.3	15.5	28.6	17.8
People are trying to keep kids off drugs						
Definitely not true	3.8	4.8	1.4	2.5	0.9	5.9
Mostly not true	1.5	4.0	10.6	14.2	15.3	10.8
Mostly true	20.6	28.6	46.1	47.3	57.7	49.0
Definitely true	74.0	62.7	41.8	36.0	26.1	34.3



**Table 50. Perception of strategies to prevent alcohol use**

Questions and responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
<u>How important do you think the following are in preventing kids from drinking alcohol?</u>						
High price						
Very important	35.9	27.0	23.4	20.3	17.0	18.4
Somewhat important	32.8	38.9	40.4	39.0	34.8	43.7
Not important	24.4	31.0	34.0	34.4	41.1	34.0
I don't know	6.9	3.2	2.1	6.2	7.1	3.9
Checking ID's in stores and bars						
Very important	68.5	62.7	44.0	38.6	40.2	34.0
Somewhat important	16.9	24.6	37.6	37.8	34.8	40.8
Not important	10.8	8.7	17.7	20.7	21.4	22.3
I don't know	3.8	4.0	0.7	2.9	3.6	2.9
Ads that show the problems associated with drinking						
Very important	55.0	34.9	20.6	12.9	14.4	8.7
Somewhat important	29.5	40.5	41.1	35.0	30.6	40.8
Not important	10.1	19.8	35.5	49.6	49.5	46.6
I don't know	5.4	4.8	2.8	2.5	5.4	3.9
Friends who don't drink						
Very important	64.1	52.4	39.0	46.1	45.5	36.9
Somewhat important	25.2	30.2	38.3	36.5	28.6	40.8
Not important	6.1	12.7	20.6	15.4	22.3	18.4
I don't know	4.6	4.8	2.1	2.1	3.6	3.9
Friends who disapprove of drinking						
Very important	62.6	56.0	39.7	39.0	35.7	35.0
Somewhat important	26.7	31.2	41.8	39.4	37.5	33.0
Not important	5.3	10.4	17.0	19.9	24.1	28.2
I don't know	5.3	2.4	1.4	1.7	2.7	3.9
Parental strictness about drinking						
Very important	65.6	54.4	47.5	42.3	40.5	27.2
Somewhat important	24.4	38.4	36.9	39.8	36.9	48.5
Not important	6.1	5.6	14.9	15.4	21.6	22.3
I don't know	3.8	1.6	0.7	2.5	0.9	1.9
Driver's license suspension						
Very important	60.3	54.8	58.9	51.3	48.2	46.6
Somewhat important	29.0	27.8	31.9	35.8	35.7	37.9
Not important	7.6	11.9	7.8	9.6	13.4	13.6
I don't know	3.1	5.6	1.4	3.3	2.7	1.9
Fine of \$200						
Very important	58.0	52.8	35.5	29.2	30.9	19.4
Somewhat important	28.2	34.4	39.0	35.4	32.7	41.7
Not important	7.6	8.0	23.4	30.8	30.0	35.0
I don't know	6.1	4.8	2.1	4.6	6.4	3.9

**Table 50. Perception of strategies to prevent alcohol use, continued**

Questions and responses	Grade					
	7	8	9	10	11	12
	%	%	%	%	%	%
<u>How important do you think the following are in preventing kids from drinking alcohol?</u>						
Alcohol education in school						
Very important	55.0	44.4	27.7	12.4	13.4	10.7
Somewhat important	30.5	34.1	39.7	40.2	37.5	40.8
Not important	11.5	18.3	29.8	45.2	45.5	46.6
I don't know	3.1	3.2	2.8	2.1	3.6	1.9
Alcohol-free activities						
Very important	55.7	47.2	27.7	24.2	15.2	14.6
Somewhat important	28.2	31.2	36.2	27.9	37.5	30.1
Not important	10.7	19.2	34.8	44.6	41.1	49.5
I don't know	5.3	2.4	1.4	3.3	6.3	5.8
Fear of addiction						
Very important	49.6	48.4	28.6	20.7	21.4	11.7
Somewhat important	37.4	32.3	33.6	36.1	30.4	33.0
Not important	9.2	16.1	32.9	39.0	45.5	51.5
I don't know	3.8	3.2	5.0	4.1	2.7	3.9
Blood alcohol or breathalyzer tests at school or home						
Very important	53.1	46.4	45.7	42.3	33.9	39.2
Somewhat important	26.2	33.6	38.6	36.9	42.9	42.2
Not important	8.5	8.8	12.1	19.1	19.6	15.7
I don't know	12.3	11.2	3.6	1.7	3.6	2.9

## SECTION 7. COMPARISONS

**Table 51. Comparisons of Substance Use - 2011**

Substance	Wilton, Grades:			National MTF, Grades:			Conn. DRGs A,B,C, 2009-2011		
	8	10	12	8	10	12	8	10	12
	%	%	%	%	%	%	%	%	%
<u>30-Day use of:</u>									
Alcohol	5.5	29.9	55.2	12.7	27.2	40.0	6.8	29.4	45.6
Cigarettes	0.8	5.0	15.2	3.5	6.6	8.3	1.6	6.3	18.8
Marijuana	0.0	13.3	16.0	7.2	17.6	22.6	2.2	15.8	24.8
<u>Lifetime use of:</u>									
Alcohol	14.2	52.3	79.1	33.1	56.0	70.0	23.8	52.9	75.0
Cigarettes	1.6	11.6	34.3	18.4	30.4	40.0	4.2	14.3	36.1
Marijuana	0.8	18.3	46.0	16.4	34.5	45.5	4.6	25.9	43.7
Inhalants	0.8	2.5	5.8	13.1	10.1	8.1	5.5	7.3	8.3
Hallucinogens	0.8	2.1	3.9	3.3	6.0	8.3	0.8	2.8	7.8
PCP	--	--	0.0	--*	--*	2.3	--	--	1.5
MDMA	0.0	1.7	3.9	2.6	6.6	8.0	0.1	1.4	6.3
Cocaine	0.0	1.3	1.9	2.2	3.3	5.2	0.3	1.3	4.1
Crack	0.0	0.8	0.0	1.5	1.6	1.9	0.3	0.5	0.7
Heroin	0.0	1.3	0.0	1.2	1.2	1.4	0.3	0.0	1.1
Sedatives	--	--	4.9	--*	--*	7.0	--	--	8.5
Tranquilizers	0.0	1.7	5.9	3.4	6.8	8.7	0.5	0.6	1.6
Any Rx drug w/o Rx	--	--	18.6	--*	--*	21.7	--	--	16.8
Illicit drug, not marijuana	0.8	10.0	10.7	9.8	15.6	24.9	2.2	6.3	12.8

\* MTF measures only grade 12 for these substances

**Table 52. Comparisons of Perceptions About Substances – 2011**

"Great risk" to the following	Wilton, Grades:			National MTF, Grades:			Conn. DRGs A,B,C, 2009-2011		
	8	10	12	8	10	12	8	10	12
	%	%	%	%	%	%	%	%	%
Use marijuana regularly	76.4	38.3	22.3	68.3	55.2	45.7	70.4	66.7	62.8
1-2 Drinks of alcohol almost every day	36.5	29.0	25.2	31.8	32.9	24.6	41.8	30.0	26.5
5+ Drinks almost every weekend	--	--	--	58.4	55.5	47.6	--	--	--
Smoke 1+ packs cigarettes per day	73.2	72.6	59.6	62.5	69.8	77.7	67.7	34.2	21.1

**Table 53. Comparisons of Availability of Substances – 2011**

"Fairly" or "Very" Easy to get, if wanted.	Wilton, Grades:			National MTF, Grades:			Conn. DRGs A,B,C, 2009-2011		
	8	10	12	8	10	12	8	10	12
	%	%	%	%	%	%	%	%	%
Alcohol	64.8	84.6	91.2	59.0	77.9	88.9	36.9	63.7	87.9
Cigarettes	22.4	68.8	83.3	51.9	73.6	--	69.6	84.0	91.7
Marijuana	12.1	59.6	72.6	37.9	68.4	82.2	24.8	64.6	81.1
Crack	--*	--	--	15.7	19.7	24.0	--	--	--
Cocaine	--	--	--	14.9	20.6	30.5	--	--	--
Heroin	--	--	--	9.9	13.2	20.8	--	--	--
Sedatives	--	--	--	12.6	22.0	32.4	--	--	--
Tranquilizers	--	--	--	12.0	20.8	16.8	--	--	--

\* Data not available.

**Table 54. Trends in Wilton: 30-Day Substance Use.**

Substance	Grades	Prevalence in Year of Survey				
		1998	2000	2002	2007	2011
		%	%	%	%	%
Alcohol	7-8	16.8	20.1	10.6	7.0	4.3
	9-10	49.2	44.9	47.6	26.3	25.9
	11-12	66.5	*	*	59.5	47.5
Cigarettes	7-8	7.9	6.3	3.1	<1.0	0.8
	9-10	24.3	19.1	18.3	4.7	4.5
	11-12	37.3	*	*	23.6	10.2
Marijuana	7-8	1.9	2.7	2.9	<1.0	0.4
	9-10	18.8	17.9	26.6	6.3	9.7
	11-12	22.5	*	*	26.1	13.7
Inhalants	7-8	5.2	8.0	5.3	<1.0	0.4
	9-10	3.8	6.4	5.7	<1.0	1.3
	11-12	2.8	*	*	2.2	0.5

\* Grades 11-12 not included in the surveys of 2000 and 2002.

**Table 55. Trends in Wilton: Lifetime substance use.**

Substance	Grades	Prevalence in Year of Survey				
		1998	2000	2002	2007	2011
Alcohol		%	%	%	%	%
	7-8	37.6	41.4	27.5	23.8	13.6
	9-10	72.4	71.8	70.7	49.2	47.4
	11-12	87.7	*	*	80.4	67.7
Cigarettes	7-8	20.8	17.5	9.9	2.3	1.2
	9-10	50.6	48.9	40.3	10.3	9.7
	11-12	67.8	*	*	41.6	26.4
Marijuana	7-8	3.7	4.8	4.2	<1.0	0.8
	9-10	31.8	31.2	40.6	12.5	14.2
	11-12	48.3	*	*	42.8	33.5
Inhalants	7-8	8.1	13.0	8.6	5.2	1.2
	9-10	14.1	17.3	12.6	4.1	3.2
	11-12	16.5	*	*	12.0	4.7

\* Grades 11-12 not included in the surveys of 2000 and 2002.

**Table 56. Trends in Wilton: Mean age of initiation.**

Substance	Grade	Mean Age in Year of Survey				
		1998	2000	2002	2007	2011
Alcohol		years	years	years	years	years
	7	10.9	10.7	10.5	10.3	11.7
	8	11.8	11.1	11.5	11.5	11.6
	9	12.3	12.5	12.9	12.2	13.3
	10	13.1	13.2	13.5	13.6	14.0
	11	13.8	*	*	14.4	14.3
	12	14.5	*	*	14.6	14.6
Cigarettes	7	10.9	10.9	10.3	**	**
	8	11.6	11.5	11.9	10.8	**
	9	12.3	12.2	12.4	12.1	13.4
	10	13.1	12.6	13.1	13.8	14.4
	11	13.0	*	*	14.9	14.5
	12	13.8	*	*	15.0	15.3
Marijuana	7	12.5	12.2	12.7	**	**
	8	13.3	13.7	12.3	**	**
	9	13.4	13.2	13.4	13.0	13.8
	10	14.1	14.0	14.4	14.2	14.1
	11	14.5	*	*	14.7	14.7
	12	15.3	*	*	15.0	15.2

\* Grades 11-12 not included in the surveys of 2000 and 2002.

\*\* Number of users too small to calculate valid statistics.

**Table 57. Trends in Wilton: Perception of harm.**

Q: How much do you think people harm themselves if they regularly use (substance)?

A: A lot of harm

Substance	Grades	Prevalence in Year of Survey				
		1998	2000	2002	2007	2011
		%	%	%	%	%
Alcohol	7-8	67.0	60.3	62.3	31.6	41.6
	9-10	54.9	45.3	50.9	20.3	27.0
	11-12	49.1	*	*	15.4	30.7
Tobacco	7-8	81.9	80.3	84.7	78.9	72.8
	9-10	78.9	77.4	75.3	70.5	70.7
	11-12	71.9	*	*	73.6	68.5
Marijuana	7-8	90.4	85.5	86.6	85.8	82.6
	9-10	73.6	66.9	60.0	46.1	42.5
	11-12	67.5	*	*	21.7	27.9

\* Grades 11-12 not included in the surveys of 2000 and 2002.

**Table 58. Trends in Wilton: Parental attitudes**

Q: How wrong do your parents feel it would be for to regularly use (substance)?

A: Very wrong.

Substance	Grades	Prevalence in Year of Survey				
		1998	2000	2002	2007	2011
		%	%	%	%	%
Alcohol	7-8	65.5	65.3	72.2	64.0	71.2
	9-10	43.6	52.5	43.6	42.4	49.5
	11-12	25.6	*	*	24.0	34.9
Tobacco	7-8	80.7	82.2	87.2	85.8	90.3
	9-10	57.7	67.4	67.4	75.2	79.6
	11-12	48.4	*	*	62.3	69.9
Marijuana	7-8	92.7	94.8	92.3	94.6	96.1
	9-10	77.8	86.1	77.9	78.4	82.9
	11-12	80.8	*	*	65.1	68.8

\* Grades 11-12 not included in the surveys of 2000 and 2002.

**Table 59. Trends in Wilton: Self concept, Grades 9-10**

Statement/Response	Prevalence in Year of Survey				
	1998	2000	2002	2007	2011
	%	%	%	%	%
<u>How much do you disagree or agree with the following:</u>					
I am good at making friends.					
Strongly disagree	0.3	1.4	2.2	2.1	1.8
Disagree	5.2	5.0	3.7	4.5	11.7
Not sure	12.2	12.2	14.7	**	**
Agree	57.6	48.9	52.9	58.8	61.2
Strongly agree	24.7	32.4	26.5	34.7	25.4
I often have trouble sleeping.					
Strongly disagree	26.6	26.5	17.9	28.6	26.0
Disagree	31.8	30.9	40.3	36.2	43.4
Not sure	12.4	15.4	15.3	**	**
Agree	20.8	22.1	20.1	25.2	21.9
Strongly agree	8.4	5.1	6.3	10.0	8.7
I feel sad most of the time.					
Strongly disagree	32.5	35.0	31.7	49.3	43.5
Disagree	42.6	33.6	42.1	39.0	42.8
Not sure	12.4	21.2	15.5	**	**
Agree	11.6	6.6	8.9	7.9	11.6
Strongly agree	0.9	3.6	1.8	3.8	2.1
I have so much energy, I don't know what to do with it.					
Strongly disagree	9.8	17.0	15.6	18.6	20.8
Disagree	40.9	26.7	46.8	56.2	56.8
Not sure	23.1	25.2	27.1	**	**
Agree	19.4	25.9	8.6	18.3	15.7
Strongly agree	6.8	5.2	1.9	6.9	6.8
All in all, I am glad I am me.					
Strongly disagree	2.1	3.7	2.6	1.0	2.2
Disagree	3.9	3.0	6.7	8.7	9.8
Not sure	15.4	19.4	17.2	**	**
Agree	50.1	45.5	49.8	45.5	48.0
Strongly agree	28.6	28.4	23.6	44.8	40.0

\*\* Not Sure choice not included in 2007 and 2011.

**Table 60. Trends in Wilton: Home Source of Alcohol**

Grades	Source of Alcohol	Prevalence in Year of Survey				
		1998	2000	2002	2007	2011
		%	%	%	%	%
7-8	Home, with your parents' permission					
	Sometimes	34.6	25.0	16.9	43.6	44.5
	Often	5.0	1.4	4.8	10.4	8.3
	Home, without your parents' permission					
	Sometimes	32.9	25.0	15.2	9.5	5.6
	Often	2.9	6.9	2.4	5.2	5.6
9-10	Home, with your parents' permission					
	Sometimes	25.4	13.3	27.3	44.3	46.7
	Often	2.5	5.0	2.3	7.2	3.9
	Home, without your parents' permission					
	Sometimes	39.2	51.7	41.9	37.6	35.2
	Often	8.1	13.3	12.4	23.5	5.9
11-12	Home, with your parents' permission					
	Sometimes	27.0	--	--	40.8	40.9
	Often	1.0	--	--	8.0	6.8
	Home, without your parents' permission					
	Sometimes	33.9	--	--	41.0	38.5
	Often	3.5	--	--	5.7	14.4



## SECTION 8. CORRELATIONS – 30-DAY ALCOHOL USERS VS. NON-USERS

Tables in this section compare respondents (in all grades) who reported drinking alcoholic beverages within the past 30 days (Users) with those who reported they did not (Non-Users). Mean scores reported in each table are derived from the same data used to generate the tables in previous sections of this report. Mean scores are ascending intensity scales, as explained in footnotes. The rescaling calculation and determination of statistical significance are explained in METHODS. Statistical significances indicated are: n.s. = no significant difference ( $p > 0.05$ ),  $<0.05$  = [ $p = 0.01$  to  $0.05$ ], **0.01** = [ $p = 0.001$  to  $0.01$ ], **0.001** = [ $p < 0.001$  to  $0.001$ ], **<0.001** = [ $p < 0.001$ ]. See METHODS.

**Table 61. Prevention strategies**

Question and response choices	Statistical Significance	Scale Score, Recent Alcohol Consumption		
		NO	YES	YES/NO
	p-value	% of max	% of max	%
<u>How important do you think the following are in preventing kids from drinking?</u>				
High price	n.s.	47.4		
Checking ID's in stores and bars	<b>0.001</b>	70.6	52.6	74.4
Ads showing problems associated with drinking	<b>&lt;0.001</b>	50.1	27.7	55.3
Friends who don't drink	<b>&lt;0.001</b>	71.7	50.4	70.2
Friends who disapprove of drinking	<b>&lt;0.001</b>	70.3	45.4	64.5
Parental strictness about drinking	n.s.	70.2		
Driver's license restriction	n.s.	73.8		
Fine of \$200	n.s.	61.6		
Alcohol education in school	<b>&lt;0.001</b>	53.7	28.0	52.2
Alcohol-free activities	$<0.05$	54.1	32.2	59.5
Fear of addiction	<b>&lt;0.001</b>	54.9	31.1	56.7
Blood alcohol or breathalyzer tests	n.s.	67.4		

Statistical significance:  $p$ -value  $> 0.05$  = n.s. (see Methods for further explanation).

\* Mean scores are based on the 3-point scale of Table \*\*, rescaled to 100.

Higher score indicates a perception of MORE EFFECTIVE prevention.

**Table 62. Social supports**

Question and response choices	Statistical Significance	Scale Score, Recent Alcohol Consumption		
		NO	YES	YES/NO
	p-value	% of max	% of max	%
<u>When you have a problem that bothers you, how often do you talk about it with:</u>				
Parents or guardians	<b>&lt;0.001</b>	50.6	36.3	71.8
A relative other than parent	$<0.05$	22.0	16.0	72.8
A teacher	$<0.05$	14.7	11.4	77.7
An adult who is not family or a teacher	n.s.	14.3		
A brother or sister	n.s.	36.3		
A friend	n.s.	61.2		
Nobody. I keep it to myself.	n.s.	47.7		

\* Mean scores are based on the 4-point scale of Table \*\*, rescaled to 0-100.

Higher score means GREATER likelihood of talking with person(s) indicated.

**Table 63. Attitudes toward antisocial behavior**

Question and response choices	Statistical Significance	Scale Score, Recent Alcohol Consumption		
		NO	YES	YES/NO
	p-value	% of max	% of max	%
<u>How wrong do you think it is for someone your age to:</u>				
Drink alcoholic beverages	<b>&lt;0.001</b>	78.5	27.9	35.5
Smoke cigarettes	<b>&lt;0.001</b>	88.3	61.4	69.6
Use marijuana	<b>&lt;0.001</b>	85.4	46.0	53.8
Purposely damage property that is not theirs	n.s.	91.7		
Carry a knife, gun or other weapon	n.s.	89.0		
Steal something worth less than \$100	n.s.	87.0		
Pick a fight with someone (not family)	n.s.	79.1		
Attack someone to hurt them	n.s.	93.4		
Taunt someone to hurt their feelings	n.s.	90.3		
Do nothing if a friend bullies someone	n.s.	78.1		
Use inhalants	n.s.	94.5		
Cheat on a test at school	<b>&lt;0.001</b>	76.5	52.6	68.7
Drink and drive	n.s.	96.1		
Play games for money, like poker	<b>&lt;0.001</b>	60.0	35.3	58.9
Place bets on-line	<b>0.001</b>	65.3	44.3	67.9
Play scratch tickets for money	<b>&lt;0.001</b>	56.2	31.0	55.1

\* Mean scores are based on the 4-point scale of Table \*\*, rescaled to 0-100.

Higher score means the act was considered MORE WRONG by the average respondent.

**Table 64. Time spent after school**

Question and response choices	Statistical Significance	Scale Score, Recent Alcohol Consumption		
		NO	YES	YES/NO
	p-value	% of max	% of max	%
How many hours a week do you usually spend:				
Exercising, working out, or playing sports	n.s.	55.7		
Playing or practicing organized sports	n.s.	56.4		
In clubs (like school clubs, scouts, boys/girls club)	n.s.	15.3		
Watching TV	n.s.	48.9		
Reading books, magazines or newspapers	n.s.	39.1		
Hanging out with friends in private homes	<b>&lt;0.001</b>	48.4	69.5	143.7
Hanging out with friends in public areas	<b>0.001</b>	31.6	48.5	153.3
Working at a paying job	<b>&lt;0.05</b>	23.1	43.0	186.3
Helping around the house	n.s.	41.1		
Doing volunteer work	n.s.	20.3		
In a band, choir, or playing a musical instrument	<b>0.001</b>	22.9	13.9	60.4
Attending religious services	n.s.	19.6		
Using a computer unrelated to school	<b>&lt;0.05</b>	58.0	71.2	122.7
Playing video games	n.s.	29.8		
Talking on the telephone	<b>&lt;0.001</b>	44.1	62.4	141.4
Listening to music	<b>&lt;0.001</b>	53.9	68.2	126.4

\* Mean scores are based on the 4-point scale of Table \*\*, rescaled to 0-100.

**Table 65. Self concept**

Question and response choices	Statistical Significance	Scale Score, Recent Alcohol Consumption		
		NO	YES	YES/NO
	p-value	% of max	% of max	%
How much do you disagree or agree with the following:				
I am good at making friends.	n.s.	72.0		
I feel no one understands me.	<b>0.001</b>	29.1	32.9	112.8
At times, I think I am no good at all.	<b>&lt;0.001</b>	32.3	37.2	115.1
I feel lonely.	<b>&lt;0.001</b>	24.4	31.0	127.4
I am good at making decisions.	<0.05	69.8	64.7	92.6
I feel that no one really cares about me.	<b>&lt;0.001</b>	19.2	25.3	131.4
I feel I do not have much to be proud of.	<b>0.001</b>	21.9	28.6	130.6
I think I have a good sense of humor.	n.s.	76.7		
I often have trouble sleeping.	<0.05	35.3	40.8	115.6
I feel sad most of the time.	<b>&lt;0.001</b>	20.2	29.3	145.4
On the whole, I like myself.	n.s.	79.3		
I have so much energy, I don't know what to do with it.	n.s.	36.4		
I have less energy than I think I should.	n.s.	33.5		
I have a number of good qualities.	n.s.	79.0		
All in all, I am glad I am me.	n.s.	80.7		
I am restless and can't sit still	n.s.	38.8		
I have trouble concentrating.	<b>&lt;0.001</b>	42.9	55.6	129.6
I would stick up for some one being bullied.	n.s.	73.1		

\* Mean scores are based on the 4-point scale of Table \*\*, rescaled to 0-100.

Higher score means STRONGER AGREEMENT by average respondent.

**Table 66. Perceived reasons for drinking**

Question and response choices	Statistical Significance	Scale Score, Recent Alcohol Consumption		
		NO	YES	YES/NO
	p-value	% of max	% of max	%
<u>For people your age who drink, how important are the following reasons?</u>				
Fit in with friends	<b>&lt;0.001</b>	71.0	59.8	84.1
Family members drink	<b>&lt;0.001</b>	46.2	29.5	63.9
Alcohol easily available	n.s.	52.3		
Family tradition for special occasions	n.s.	39.9		
Fits chosen lifestyle	n.s.	44.7		
Boredom	n.s.	44.9		
Relieve stress	<0.05	61.3	54.2	88.4
Curiosity	n.s.	64.4		
To have fun	n.s.	70.6		
Don't know	n.s.	35.4		

\* Mean scores are based on the 3-point scale of Table \*\*, scale inverted and rescaled to 0-100.

Higher score means MORE IMPORTANCE attached by average respondent.

**Table 67. Perceived reasons NOT to drink**

Question and response choices	Statistical Significance	Scale Score, Recent Alcohol Consumption		
		NO	YES	YES/NO
	p-value	% of max	% of max	%
<u>For people your age who do not drink, how important are the following reasons?</u>				
Disapproval of parents	<b>0.001</b>	80.1	70.6	88.1
Disapproval of friends	<b>&lt;0.001</b>	68.4	45.5	66.6
Bad experiences of family, friends	n.s.	71.9		
Education about alcohol	<b>&lt;0.001</b>	65.0	41.4	63.7
Health reasons	n.s.	75.9		
Legal reasons	<0.05	77.1	54.6	70.8
Ethical or moral reasons	n.s.	81.7		
Does not fit lifestyle	<b>0.001</b>	74.4	64.8	87.0
Alcohol not available	n.s.	45.5		

\* Mean scores are based on the 3-point scale of Table \*\*, scale inverted and rescaled to 0-100.

Higher score means MORE IMPORTANCE attached by average respondent.

**Table 68. Other characteristics related to alcohol consumption**

Question and response choices	Statistical Significance	Scale Score, Recent Alcohol Consumption		
		NO	YES	YES/NO
	p-value	% of max	% of max	%
Other than 2-parent home	<0.001	6.8	9.4	138.8
Have asthma	<0.05	7.6	9.8	128.1
Gets plenty of sleep	<0.05	49.7	42.2	85.1
Weekday time after school without adult present	<0.001	40.5	55.0	135.9
Does either parent drink alcohol?	n.s.	88.7		
Do siblings drink alcohol?	0.001	17.2	29.6	171.9
Anyone in family ever had problems with alcohol	0.001	11.1	20.4	183.6
How many close friends drink alcohol?	<0.001	21.4	84.0	392.9
What kinds of grades do you mostly get?	n.s.	87.6		
How many hours a day doing homework?	n.s.	72.6		

**Appendix.**

**Survey Instrument**  
**Westport Youth Survey 2011**

# Wilton Youth 2011\_nran

This survey is sponsored by Positive Directions and Wilton Task Force to Reduce Substance Abuse Among Youth. The survey is open to youth in grades 7 through 12 attending school in Wilton. We are conducting the survey to learn about your experiences, feelings and influences regarding tobacco, alcohol, drugs, and other activities. This is not a test. There are no right or wrong answers.

We encourage you to answer **truthfully**. Your answers cannot be traced back to you, so you can be completely honest. This is your chance to be heard.

If you are taking this survey later in the cycle, you may have heard classmates talking about the questions or answers they gave. We are relying on your independent spirit and integrity to give answers based on your OWN opinions and experiences, regardless of what you may have heard.

Please work as quickly as you can. If you don't find an answer that fits exactly, choose one that comes closest. You should not compare or discuss your answers with other students while you are taking the survey, but you may ask your teacher or survey administrator if you do not understand a question.

Until you click **Done>>** at the end, you may back up and change answers. To discontinue taking the survey, click the Exit Survey box. If you exit, you are all finished, and cannot return to the survey later. When you have completed the survey, click **Done>>** and wait for instructions from your teacher.

## SECTION 1: Questions About You.

### 1. What is your age today?

- ☐ Less Than 12    ☐ 12    ☐ 13    ☐ 14    ☐ 15    ☐ 16    ☐ 17    ☐ 18    ☐ More Than 18

### 2. What grade are you in now?

- ☐ 7    ☐ 8    ☐ 9    ☐ 10    ☐ 11    ☐ 12

### 3. What is your gender?

- ☐ Female    ☐ Male

### 4. Do you think of yourself as Hispanic or Latino?

- ☐ NO    ☐ YES

### 5. How do you describe yourself?

- ☐ White or Caucasian  
☐ Black or African American  
☐ Asian or Pacific Islander  
☐ Native American  
☐ Other (please specify)

## 6. In my home, there are/is:

- ☐ Two parents or guardians
- ☐ A single parent or guardian
- ☐ Other

## 7. Do you have asthma?

- ☐ No
- ☐ Yes, I have been diagnosed by a doctor
- ☐ I think so, but I have never been diagnosed by a doctor

## SECTION 2: Questions About School, Spending Time, Relationships.

### 8. On a regular weekday, how many hours do you usually spend after school without an adult present?

- ☐ None
- ☐ Less Than 1 Hour
- ☐ 1 To 2 Hours
- ☐ Up To 4 Hours
- ☐ More Than 4 Hours

### 9. On a typical school night, about how many hours of sleep do you get?

- ☐ Less than 4 hours
- ☐ 4-6 hours
- ☐ 7-8 hours
- ☐ More than 8 hours

### 10. What kind of grades do you mostly get? (Please choose one or two)

- ☐ A's      ☐ B's      ☐ C's      ☐ D's      ☐ F's

### 11. Please choose how true the following statements are for you

	Definitely NOT True	Mostly NOT True	Mostly True	Definitely True
I try hard to do good work at school	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I want very much to get more education after high school	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It is important to me to get good grades	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have given up on school	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel safe at school	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## 12. How many hours a day do you usually spend doing homework?

- ☐ None
- ☐ Less Than 1 Hour
- ☐ 1 to 3 Hours
- ☐ 3 to 5 Hours
- ☐ More Than 5 Hours

## 13. Are you involved in athletics? (Please choose all that apply.)

- ☐ No
- ☐ Yes -- informal, not through an organization
- ☐ Yes, organized outside school (Recreation Dept., etc.)
- ☐ Yes, school physical education activities
- ☐ Yes, school intramural sports
- ☐ Yes, on varsity, JV or freshman team(s) representing my school.

## 14. Have you ever been a member of any of the following youth groups?

	No	Yes, but not now	Yes, present member	Don't know
C.O.D.E.S.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Youth 2 Youth	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
PeerConnection	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
PeerVention	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other (please specify)	<input type="text"/>			



## 15. How many hours a week do you usually spend:

	None	Up To 3 Hours	3 To 7 Hours	More Than 7 Hours
Exercising, working out, or playing informal sports?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Playing or practicing organized sports (like intramurals or varsity)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In clubs (like school clubs, scouts, or boys & girls club)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Watching TV?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Reading books, magazines or newspapers?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Hanging out with friends at your or their home?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Hanging out with friends at malls or other public areas?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Working for money outside your home (like baby sitting, paper route, or a paying job)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Helping around the house (like baby sitting, fixing dinner, or yard work)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Doing volunteer work?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In a band, choir, orchestra, or playing a musical instrument?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Attending religious services, groups or programs at a church, synagogue, or temple?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Using a computer for recreation (email, online, etc.) not related to school work?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Playing video games?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Talking or texting on the telephone?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Listening to music?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## 16. Please choose how true the following statements are for you.

	Definitely NOT True	Mostly NOT True	Mostly True	Definitely True
When I am away from home, my parent/guardian(s) know where I am and who I am with.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If I break one of my parent/guardian(s) rules, I am usually disciplined.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My parent/guardian(s) gives me lots of chances to do fun things with them and my family.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My parent/guardian(s) gives me help and support when I need it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel very close to my parent/guardian(s).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I enjoy spending time with my parent/guardian(s).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I share my thoughts and feelings with my parent/guardian(s).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My parent/guardian(s) asks if I've gotten my homework done.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My parent/guardian(s) participates in activities at my school, including attendance at school events.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## 17. Please choose how true the following statements are.

	Definitely NOT True	Mostly NOT True	Mostly True	Definitely True
A lot of drugs are available in my school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Adults in my school are trying to keep kids off drugs.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In my school, kids are often teased or taunted so much their feelings are hurt.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## SECTION 3: Questions About Cigarettes and Other Tobacco Products.

### 18. Please choose how true this statement is for you:

**My family has clear rules discouraging me from smoking cigarettes or using tobacco.**

- ☐ Definitely NOT True
 ☐ Mostly NOT True
 ☐ Mostly True
 ☐ Definitely True

### 19. Do either of your parents/guardians smoke cigarettes?

- ☐ NO
 ☐ YES

### 20. Do any of your brothers or sisters smoke cigarettes?

- ☐ NO
 ☐ YES
 ☐ I don't have any brothers or sisters

### 21. Have you ever smoked a cigarette?

- ☐ NO
 ☐ YES

### 22. How old were you when you first smoked a cigarette?

- ☐ 9 Years Or Younger
 ☐ 10
 ☐ 11
 ☐ 12
 ☐ 13
 ☐ 14
 ☐ 15
 ☐ 16
 ☐ 17 Years Or Older

### 23. How often do you get cigarettes from:

	Never	Sometimes	Often
Your parents, <u>with</u> their permission?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Your parents, <u>without</u> their permission?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Your friends?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Your brother(s) or sister(s)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Store (you buy them)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Machines (you buy them)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

### 24. On how many occasions have you smoked cigarettes in your whole lifetime?

- ☐ 1-2 Times
 ☐ 3-5 Times
 ☐ 6-10 Times
 ☐ More Than 10 Times

**25. How many days did you smoke cigarettes in the past 30 days?**

- ☐ None      ☐ 1-2 Days      ☐ 3-5 Days      ☐ 6-10 Days      ☐ More Than  
10 Days

**26. During the past 30 days, on the days you smoked, how many cigarettes did you smoke?**

- ☐ Less than one cigarette a day  
☐ 1 to 5 cigarettes a day  
☐ Up to 1/2 a pack (10 cigarettes) a day  
☐ More than 1/2 a pack a day

**27. How much do you think people about your age risk harming themselves (physically or in other ways) if they smoke a pack of cigarettes or more per day?**

- ☐ No Risk      ☐ Slight Risk      ☐ Moderate Risk      ☐ Great Risk

**28. How wrong do your parents feel it would be for you to smoke cigarettes?**

- ☐ Not At All Wrong      ☐ A Little Bit Wrong      ☐ Wrong      ☐ Very Wrong

**29. What is the most severe thing that is likely to happen to a student who is caught smoking a cigarette or using smokeless tobacco at school?**

- ☐ Nothing  
☐ Sent to principal's office for a lecture  
☐ Detention  
☐ Suspension  
☐ Expulsion  
☐ I don't know

**30. About how many students in your grade do you think smoke cigarettes?**

- ☐ Fewer than 5% (fewer than 1 in 20)  
☐ Between 5% and 10%  
☐ Between 10% and 20%  
☐ Between 20% and 30%  
☐ Between 30% and 50%  
☐ More than 50%

**31. In your whole lifetime on how many occasions have you used tobacco products other than cigarettes, like chewing tobacco, snuff, cigars, cigarillos, or a pipe?**

- ☐ Never      ☐ 1-2 Times      ☐ 3-10 Times      ☐ More Than  
10 Times

**32. In the past 30 days, what kinds of tobacco products other than cigarettes have you used? (Please check all that apply.)**

- ☐ Smokeless tobacco (like chewing tobacco or snuff)  
☐ Cigars, cigarillos, or little cigars  
☐ A pipe  
☐ Other (please specify)

**SECTION 4: Questions About Alcoholic Beverages.**

**33. Please choose how true this statement is for you:**

**My family has clear rules to discourage me from drinking alcoholic beverages.**

- ☐ Definitely NOT True      ☐ Mostly NOT True      ☐ Mostly True      ☐ Definitely True

**34. Do either of your parents/guardians drink alcoholic beverages?**

- ☐ NO      ☐ YES

**35. Do any of your brothers or sisters drink alcoholic beverages?**

- ☐ NO      ☐ YES      ☐ I don't know      ☐ I don't have any brothers or  
sisters

**36. Has anyone in your family (such as a parent, brother or sister, not including you) ever used alcohol so that it created problems at home, at work, or with friends?**

- ☐ NO      ☐ YES

**37. Have you ever had an alcoholic beverage (more than one or two sips) like beer, wine, or hard liquor (vodka, whiskey, gin, etc.)?**

- ☐ NO      ☐ YES

## 38. How old were you when you first began drinking alcohol - more than one or two sips - of beer, wine, or hard liquor?

- ☐ 9 Years   
 ☐ 10   
 ☐ 11   
 ☐ 12   
 ☐ 13   
 ☐ 14   
 ☐ 15   
 ☐ 16   
 ☐ 17  
 Or Younger Years  
Or Older

## 39. How often do you get alcoholic beverages from:

	Never	Sometimes	Often
Home, <u>with</u> your parents' permission?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Home, <u>without</u> your parents' permission?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Your friends?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Your brother(s) or sister(s)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
From other people who buy it for you?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
At a party <u>with</u> an adult (21 or older) present who <u>knows</u> underage drinking is taking place?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
At a party <u>with</u> an adult present who does <u>not know</u> underage drinking is taking place?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
At a party <u>without</u> an adult present?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
At a restaurant?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
At a store or bar (you buy it)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## 40. On how many occasions have you had beer, wine, or hard liquor in your whole lifetime?

- ☐ 1-2 Times   
 ☐ 3-5 Times   
 ☐ 6-10 Times   
 ☐ More Than 10 Times

## 41. On how many occasions in your lifetime have you been drunk or very high from drinking alcoholic beverages?

- ☐ Never   
 ☐ 1-2 Occasions   
 ☐ 3-9 Occasions   
 ☐ 10 Or More Occasions

## 42. On how many days did you have beer, wine, or hard liquor in the past 30 days?

- ☐ None   
 ☐ 1-2 Times   
 ☐ 3-5 Times   
 ☐ 6-10 Times   
 ☐ More Than 10 Times

## 43. In the past month, on the days you drank, how many drinks did you usually have?

- ☐ 1 Drink Or Less   
 ☐ 2-3 Drinks   
 ☐ 3-4 Drinks   
 ☐ 5 Drinks Or More

## 44. In the past month, how many times did you drink alcoholic beverages:

	None	1-2 Times	3-5 Times	5-10 Times	More Than 10 Times
At your home?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
On the street, in the woods, or in parks or fields?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
With older friends?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
At the homes of other people?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
At school activities, like dances or sporting events?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
At work?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When skipping school?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
While you were driving a car, truck or motorcycle?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
At a party <u>with</u> an adult (21 or older) present who <u>knows</u> underage drinking is taking place?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
At a party <u>with</u> an adult present who does <u>not know</u> underage drinking is taking place?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
At a party <u>without</u> an adult present?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## 45. Thinking of people about your age who drink alcoholic beverages, how important do you think the following reasons were for them to begin drinking? (Please rate each choice.)

	Very Important	Somewhat Important	Not Very Important
To fit in with friends	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Parent or others in family drink	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Alcoholic beverages easily available	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Family tradition for special occasions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Fits chosen lifestyle	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Boredom	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Relieve stress	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Curiosity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
To have fun	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Not sure why	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other (please specify)	<input type="text"/>		

**46. Thinking of people your age who do not not drink, how important do you think the following reasons are that influence them not to drink? (Please rate each choice.)**

	Very Important	Somewhat Important	Not Very Important
Disapproval of parent(s)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Disapproval of friends or peers	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Bad experiences of family or friends	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Education about alcohol	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Health reasons	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Legal reasons (including "I am too young")	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Because they feel it is wrong (ethically or morally)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Does not fit chosen lifestyle (athletics or other activities)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Alcoholic beverages are not available	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Other (please specify)

**47. How much do you think people about your age risk harming themselves (physically or in other ways) if they take one or two drinks of an alcoholic beverage (beer, wine, or liquor) every day?**

- ☐ No Risk
 ☐ Slight Risk
 ☐ Moderate Risk
 ☐ Great Risk

**48. How wrong do your parents feel it would be for you to drink beer, wine, or hard liquor twice a month or more?**

- ☐ Not At All Wrong
 ☐ A Little Bit Wrong
 ☐ Wrong
 ☐ Very Wrong

**49. What is the most severe thing that is likely to happen to a student who is caught with an alcoholic beverage at school?**

- ☐ Nothing  
☐ Sent to principal's office for a lecture  
☐ Detention  
☐ Suspension  
☐ Expulsion  
☐ I don't know

## 50. About how many student in your grade do you think drink alcoholic beverages twice a month or more?

- ☐ Fewer than 10% (fewer than 1 in 10)
- ☐ Between 10% and 25%
- ☐ Between 25% and 50%
- ☐ Between 50% and 75%
- ☐ Between 75% and 90%
- ☐ More than 90%

## 51. How important do you think the following are in preventing kids from drinking alcoholic beverages?

	Very Important	Somewhat Important	Not Important	Don't Know
High price	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Checking ID in stores and bars	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Advertisements that show the problems associated with drinking	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Friends who don't drink	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Friends who disapprove of drinking	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Parental strictness about drinking	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Having driver's license suspended for drinking	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Being fined about \$200 for drinking	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Alcohol education in school	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Alcohol-free activities (like dances, concerts, or sporting events)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Fear of addiction	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Breathalyzer tests	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## SECTION 5: Marijuana and Other Drugs.

### 52. Have you ever used marijuana?

- ☐ NO
- ☐ YES

### 53. How old were you when you first used marijuana?

- ☐ 10 Years Or Younger
- ☐ 11
- ☐ 12
- ☐ 13
- ☐ 14
- ☐ 15
- ☐ 16
- ☐ 17 Years Or Older



## 54. On how many occasions have you used marijuana *in your whole lifetime?*

- ☐ 1-2 Times
- ☐ 3-5 Times
- ☐ 6-10 Times
- ☐ More Than 10 Times

## 55. How many days did you use marijuana *in the past 30 days??*

- ☐ None
- ☐ 1-2 Days
- ☐ 3-5 Days
- ☐ 6-10 Days
- ☐ More Than 10 Days

## 56. Thinking of people about your age who use marijuana, how important do you think the following reasons were for them to start? (Please rate each choice.)

	Very Important	Somewhat Important	Not Very Important
To fit in with friends	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Adults they know use marijuana	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Marijuana is easily available	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Fits chosen lifestyle	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Boredom	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Relieve stress	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Curiosity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
To have fun	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Not sure why	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**57. Thinking of people your age who do not use marijuana, how important do you think the following reasons were in influencing them not to start? (Please rate each choice.)**

	Very Important	Somewhat Important	Not Very Important
Disapproval of parent(s)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Disapproval of friends or peers	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Bad experiences of family or friends	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Education about marijuana	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Health reasons	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Legal reasons	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Because they feel it is wrong (ethically or morally)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Does not fit chosen lifestyle (athletics or other activities)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Marijuana is not available	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**58. How much do you think people about your age risk harming themselves (physically or in other ways) if they use marijuana regularly?**

- ☐ No Risk
 ☐ Slight Risk
 ☐ Moderate Risk
 ☐ Great Risk

**59. How wrong do your parents feel it would be for you to use marijuana?**

- ☐ Not At All Wrong
 ☐ A Little Bit Wrong
 ☐ Wrong
 ☐ Very Wrong

**60. What is the most severe thing that is likely to happen to a student who is caught with marijuana at school?**

- ☐ Nothing  
☐ Sent to principal's office for a lecture  
☐ Detention  
☐ Suspension  
☐ Expulsion  
☐ I don't know

## 61. About how many students in your grade do you think use marijuana?

- ☐ Fewer than 5% (fewer than 1 in 20)
- ☐ Between 5% and 10%
- ☐ Between 10% and 20%
- ☐ Between 20% and 30%
- ☐ Between 30% and 50%
- ☐ More than 50%

## 62. Have you **EVER** used any of these drug(s)?

	NO, Never	YES, But NOT in the Past 30 Days	YES, In Past 30 Days
Inhalants (things you sniff or inhale to get high)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cocaine	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Crack cocaine (rock)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Alloviates (vites)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Hallucinogens (LSD, acid, mushrooms)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Heroin	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Angel Dust (PCP)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
MDMA (Ecstasy)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Salvia	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Ketamine (Special K)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
GHB	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Methamphetamine (Meth)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Synthetic marijuana (Spice, K2, K3)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## 63. Have you ever used any of these drug(s) on your own, without your own prescription or a doctor or dentist telling you to?

	No, Never	Yes, But NOT in the Past 30 Days	Yes, In Past 30 Days
Prescription pain medicines (for example OxyContin, Vicodin, Percodan, Codeine, or Dilaudid)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Steroids (juice, roids)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Downers (for example barbiturates, sleeping pills, sedatives, Quaaludes)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Tranquilizers (for example Librium, Valium, or Xanax)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Uppers (stimulants like Ritalin, Adderall, Amphetamines, or Speed)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Diet pills, to try to get "high"	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Over-the-counter medicines to try to get "high" (for example cough medicines, mouthwash)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## SECTION 6: Your Community and Friends.

**64. Please choose how true the following statements are.**

	Definitely NOT True	Mostly NOT True	Mostly True	Definitely True
There are lots of things for young people to do in my community.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My community is a safe place.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A lot of drugs are sold in my community.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A lot of kids in my community are into using marijuana and other drugs.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
People in my community are trying to keep kids off drugs.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In my community, kids are often teased or taunted so much their feelings are hurt.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**65. If you wanted to, how easy would it be for you to get:**

	Very Easy	Sort Of Easy	Sort Of Hard	Very Hard
Beer, wine, wine coolers, or hard liquor?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cigarettes?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Marijuana?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A gun?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A drug like cocaine, heroin, LSD, or amphetamine?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**66. In your whole life, have you ever had an energy drink (like Red Bull, Monster, Amp or Rock Star)?**

☐ No ☐ Yes

**67. In the past 30 days, how many times did you have an energy drink?**

☐ None ☐ 1-2 Times ☐ 3-5 Times ☐ 6-10 Times ☐ More Than 10 Times

**68. In your whole life, have you ever had an energy drink that contains alcohol?**

☐ No ☐ Yes

**69. In the past 30 days, how many times did you have an energy drink that contains alcohol?**

☐ None ☐ 1-2 Times ☐ 3-5 Times ☐ 6-10 Times ☐ More Than 10 Times

## 70. In the past year, did you

	NO	YES
Steal something worth less than \$100?	<input type="radio"/>	<input type="radio"/>
Get suspended or expelled from school?	<input type="radio"/>	<input type="radio"/>
Get into trouble with the police?	<input type="radio"/>	<input type="radio"/>
Pick a fight with someone, not a family member?	<input type="radio"/>	<input type="radio"/>
Physically attack someone with the idea of hurting them?	<input type="radio"/>	<input type="radio"/>
Bully someone with the idea of hurting their feelings?	<input type="radio"/>	<input type="radio"/>
Cheat on a test at school?	<input type="radio"/>	<input type="radio"/>
Send a text or a Facebook post while under the influence, that you later regretted?	<input type="radio"/>	<input type="radio"/>
Sell illegal drugs?	<input type="radio"/>	<input type="radio"/>
Buy illegal drugs?	<input type="radio"/>	<input type="radio"/>
Purposely damage property that did not belong to you?	<input type="radio"/>	<input type="radio"/>
Carry a knife, gun, or other weapon?	<input type="radio"/>	<input type="radio"/>
Bring a knife, gun, or other weapon to school?	<input type="radio"/>	<input type="radio"/>
Get arrested?	<input type="radio"/>	<input type="radio"/>
Play games for money, like poker or blackjack?	<input type="radio"/>	<input type="radio"/>
Place bets online?	<input type="radio"/>	<input type="radio"/>
Scratch tickets for money?	<input type="radio"/>	<input type="radio"/>
Ride as a passenger with a driver under age 21 who had been drinking alcohol?	<input type="radio"/>	<input type="radio"/>
Ride as a passenger with a driver who had been using drugs?	<input type="radio"/>	<input type="radio"/>

## 71. How many of your close friends:

	NONE	SOME	MOST
Smoke cigarettes?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Drink beer, wine, wine coolers, or hard liquor?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Use marijuana?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Use inhalants (things you inhale, like glue, paint, aerosol sprays, whippets, or snappers)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Have tried a drug like cocaine, LSD, heroin, amphetamine, or ketamine?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Have used prescription medicines on their own, without a doctor telling them to?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Have played games for money, like poker or blackjack?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Are considered "bullies"?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## SECTION 7: Your Personal Traits and Opinions.

## 72. How much do you disagree or agree with the following?

	Strongly Disagree	Disagree	Agree	Strongly Agree
I am good at making friends.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel no one understands me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
At times, I think I am no good at all.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel lonely.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am good at making decisions.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel that no one really cares about me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel I do not have much to be proud of.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I think I have a good sense of humor.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I often have trouble sleeping.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel sad most of the time.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
On the whole, I like myself.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have so much energy, I don't know what to do with it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have less energy than I think I should.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a number of good qualities.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
All in all, I am glad I am me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am restless and can't sit still.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have trouble concentrating.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If someone were bullying a friend or classmate, I would stick up for them or get help from an adult.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## 73. When you have a problem that bothers you, how often do you:

	Never Or Almost Never	Sometimes	Often	Always Or Almost Always
Talk about it with your parent(s) or guardian(s)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Talk about it with a relative, other than a parent (like a grandparent, aunt or uncle)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Talk about it with a teacher?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Talk about it with a mentor or counselor?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Talk about it with an adult who is not a family member and not a teacher?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Talk about it with a brother or sister?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Talk about it with a friend?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Keep it to yourself?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## 74. How wrong do you think it is for someone your age to:

	Not At All Wrong	Somewhat Wrong	Very Wrong
Drink beer, wine, wine coolers, or hard liquor?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Smoke cigarettes?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Use marijuana?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Purposely damage property that does not belong to them?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Carry a knife, gun, or other weapon?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Steal something worth less than \$100?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Pick a fight with someone, not a family member?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Physically attack someone with the idea of seriously hurting them?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Tease or taunt someone with the idea of hurting their feelings?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Say or do nothing if a friend bullies someone?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Use inhalants (things you sniff to get high)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cheat on a test at school?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Drink and drive?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Play games for money, like poker or blackjack?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Place bets, online or in person?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Play scratch tickets for money?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Everybody in Wilton thanks you very much for sharing your thoughts and experiences!

Make sure you are all finished, then click on **Done>>** at the bottom.

**Thanks!!**